

The day you were **Born** e.g., 06 or 17): _____

First 3 letters of your **Mother's First Name** _____

Your City & State of residence: _____

City & State of this Educational Session _____

Today's date _____

Post-Session Form

Session 4: Communication

Please select (by circling) the letter of the BEST answer for helping a person with cognitive needs.

1. When this person is told it's time to get dressed they sometimes just sit there and don't move. You should:
 - a. First make sure you have their attention and then face them while speaking.
 - b. Repeat the same words over and over with pauses until they understand what you are saying.
 - c. Give them meaningful consequences, such as telling them that if they don't get dressed they won't look nice for the upcoming activity.

2. This person seems to get agitated when you start helping them to get ready for a shower. You should:
 - a. Speak clearly and firmly so they understand what you want them to do.
 - b. Use humor. Make jokes about their body odor.
 - c. Offer them opportunities to choose, for example, choice of which wash cloths to use or which food to eat during showering.

3. You know this person is capable of fixing their own lunch, yet sometimes they mix things up, like pouring milk on the plate rather than in the glass. You should:
 - a. Ignore what happened and don't say anything.
 - b. Assume they would want you to be honest with them and point out their mistakes.
 - c. With a smile, say something like, "Oh good. I was needing to clean this floor anyway."

4. Which two of the following questions would be most helpful to ask yourself when communicating with a person?
 - a. Do I treat this adult person as an adult?
 - b. Do they like preparing meals?
 - c. Do I give them verbal reassurances?
 - d. Do they distrust young people?
 - e. Do my emotions affect their emotions?

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5. Match each concept about communication with the corresponding question by writing the letter of each concept next to the question it matches:

- a. Respect
- b. Approach
- c. Explanation and Reassurance
- d. Body language

___ Do I try rhythmic singing as we move from one area to another?

___ Do I avoid bossing this person?

___ Does my facial expression match my words?

___ Do I use short words and phrases?

Post-Session Form: Part II

Please select (by circling) your answer.

Information

6. Overall, how useful will the information presented in this session be to you in helping people with cognitive needs?

Not at all useful Not very useful Somewhat useful Quite useful Very useful

7. Were you satisfied with the balance between how much time the speaker presented information and the time spent in group discussion?

Not at all satisfied Not very satisfied Somewhat satisfied Quite satisfied Very satisfied

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Presenter

How would you rate the speaker's ability to:

8. Present the information clearly?

Poor = 1 2 3 4 5 = excellent

9. Use helpful examples or illustrations?

Poor = 1 2 3 4 5 = excellent

10. Respond to participants' ideas or questions?

Poor = 1 2 3 4 5 = excellent

Overall

11. What was most helpful to you about this presentation?

12. How can this presentation be improved?

Thank you very much for your help!