

The day you were **Born** e.g., 06 or 17): \_\_\_\_\_

First 3 letters of your **Mother's First Name** \_\_\_\_\_

Your City & State of residence: \_\_\_\_\_

City & State of this Educational Session \_\_\_\_\_

Today's date \_\_\_\_\_

**Post-Session Form**  
Session 2: Cognitive Abilities

*Please select (by circling) the letter of the BEST answer for helping a person with cognitive needs.*

1. This person swears when they enter the shower and the water hits their body. The most likely reason is:
  - a. They are a person who becomes angry quite easily.
  - b. The water feels like pin pricks on their skin.
  - c. They think they are being punished when they have to take a shower.
  
2. This person becomes agitated and pulls away when someone reaches out to help them stand up from a chair. The most likely reason is:
  - a. They are not comfortable getting help from someone younger than they.
  - b. When they see someone reach out toward them, they don't understand that it is a helpful gesture.
  - c. They have always been a very independent person and do not like having someone help them.
  
3. This person has always enjoyed music, but when they are encouraged to come to a concert down the hall, they don't seem interested. The most likely reason is that:
  - a. They are sad or depressed and have lost interest in participating in most activities.
  - b. Even though they hear the invitation, they don't understand what the words mean.
  - c. This is their way of "getting back" at someone who hurt them earlier in the day.
  
4. Which two of the following questions would be most helpful in identifying the needs and desires of a person?
  - a. How well do they see and hear me?
  - b. Did they get enough sleep last night?
  - c. Do they respond better to someone of a specific age?
  - d. How well do they understand what they see and hear?
  - e. When was the last time they visited with friends?

*Next page please*

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5. Match each cognitive phase with the corresponding example by writing the letter of each phase next to the example it matches:

- a. Sensory Phase
- b. Comprehension/Perception Phase
- c. Executive Phase
- d. Expressive Phase
- e. Motor Phase

\_\_\_\_\_ This person can read words but doesn't understand what they are reading.

\_\_\_\_\_ This person refuses to step into a white bath tub because they cannot see the edge of the tub well enough.

\_\_\_\_\_ This person has trouble eating without assistance because their severe arthritis makes it difficult for them to grip their utensils and lift their arms.

\_\_\_\_\_ This person can sing easily but cannot formulate the words needed to express their thoughts and needs.

\_\_\_\_\_ This person has difficulty shifting from one task to another and generally doesn't have any concept of how much time has passed between activities.

## **Post-Session Form: Part II**

*Please select (by circling) your answer.*

### ***Information***

6. Overall, how useful will the information presented in this session be to you in helping people with cognitive needs?

Not at all useful    Not very useful    Somewhat useful    Quite useful    Very useful

7. Were you satisfied with the balance between how much time the speaker presented information and the time spent in group discussion?

Not at all satisfied    Not very satisfied    Somewhat satisfied    Quite satisfied    Very satisfied

***Next Page Please***

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***Presenter***

How would you rate the speaker's ability to:

8. Present the information clearly?

Poor = 1    2    3    4    5 = excellent

9. Use helpful examples or illustrations?

Poor = 1    2    3    4    5 = excellent

10. Respond to participants' ideas or questions?

Poor = 1    2    3    4    5 = excellent

***Overall***

11. What was most helpful to you about this presentation?

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12. How can this presentation be improved?

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***Thank you very much for your help!***