

PRACTICE IMPROVEMENT STEERING COMMITTEE

Meeting Minutes for September 5, 2019

Group Members Present: Karen Amon, Katie Baxter, Mary Baukus, Kim Boulier, Jeff Brown, Lorianne Fall, Amelia Fonger, Rosie Garcia-Tosi, Lu Ann Gray, Amy Hileman, Moira Kean, Jennifer Keilitz, John Langlois, Nicole Lawson, Joe Longcor, Mark Lewis, Faith Nekola, Jean Pfaendtner, Brittany Pietsch, Kelly Ryan, Brenda Stoneburner, Danielle Taubman, Agnes Ward, Jasmin White, Debra Willard,

- I. **Welcome and Introductions** – Mark Lewis called the meeting to order and introductions were made

- II. **Review of Minutes** – Minutes from the June PISC meeting are available on the www.improvingMIpractices.org (IMP) website

- III. **Administrative Updates** – Brenda Stoneburner
No real updates to give at this time.

- IV. **CMHAM Updates** – No update given

- V. **Presentations**
 - A. **Integrated Self-Management Apps to Enhance Outcomes for Medicaid Consumers** – Dr. Kelly Ryan
Dr. Ryan did a PowerPoint presentation on Apps and answered questions
 - a. A handout was provided
 - B. **Depression Center Depression Toolkit** – Danielle Taubman and Rosie Garcia-Tosi
Rosie gave the committee some background on the project and Danielle did a PowerPoint presentation on the Depression Center Toolkit and answered questions
 - a. For more information, please review the handout provided and / or go to website at www.depressioncenter.org/toolkit

- VI. **Subcommittees**
 - A. **Children’s Services – Fetal Alcohol Spectrum Disorder (FASD) Initiative** – Kathy Fitzpatrick
No update given
 - B. **Assertive Community Treatment (ACT)** – Alyson Rush
Alyson was not able to attend however; she did provide a handout
 - a. FY19 Workforce Development Activities
 - i. ACT 101 - offered 5 times
 - ii. ACT 201-D Day 2 - held twice
 - iii. The Role of the ACT RN - offered once
 - iv. New Energizing Recovery - held 3 times
 - v. Treatment for ACT Consumers Who Have Co-Occurring Disorders - offered 3 times
 - vi. Intervention Strategies for Dementia in Persons with Serious Mental Illness and Other Disorders – offered 4 times
 - vii. Michigan Fidelity Assistance and Support Teams (MIFAST) process and development: 2-day training held on August 26 & 27
 - b. FY20 Workforce Development Activities is currently under construction, and when finalized, to assist teams and agencies FY20 planning, the topics, dates and locations will be posted in the ACT section of <https://www.improvingmipractices.org/> and on the Community Mental Health Association of Michigan website
 - i. Early ACT, pilot project, will treat first episode / early psychosis (FEP) within the structure of ACT teams
 1. Three pilot sites will each treat up to 5 individuals with FEP
 2. Block Grant funds will support and supplement treatment and training

3. ACT teams will participate in training focusing specifically on early psychosis
 - a. ETCH, Inc will provide this developing training, using practices and principles learned through the RAISE and Navigate projects and practices
 - b. Training includes comprehensive information related to younger FEP, suicide risks, differences in FEP and traditional ACT participants and manual information related to Prescribing Practices, Family Education, Individual Resiliency, Supported Employment and Education
- C. Family Psychoeducation (FPE) – Brenda Stoneburner
Brenda handed out an update on FPE and went over it with the committee
- a. FY19 overview
 - i. April 2019: Basic FPE facilitator Training – 31 people attended
 - ii. May 2019: Basic FPE facilitator Training (on-site Flint / Genesee Health only) – 14 people trained
 - iii. August 2019: Advanced FPE Training – 9 folks trained
 - iv. Learning Communities – May 2019
 1. Lower Peninsula – 20 people
 2. Upper Peninsula – 10 people
 - v. No technical assistance support visits for this fiscal year, but have requests for fiscal year 20
 - vi. Steering Committee had quarterly phone meetings
 1. The next meeting is September 12, 2019
 - vii. Brenda listed the FPE Groups by regions
 - viii. Stephanie Lange is the lead for FPE, if you need her contact information, email Brenda at StoneburnerB@michigan.gov
- D. Services to Older Adults (OA) – Charlyss Ray
No update given
- E. Improving MI Practices (IMP) www.improvingmi.practices.org – Alyson Rush
During the 1st quarter of FY20, the IMP website will migrate to a modern, easier to navigate site and is intended to provide an overall better user experience
- a. Work through IMP with the State Training Guidelines Workgroup continues
 - b. Alyson was not able to attend however; she did provide a handout
- F. Behavior Supports Committee – Mark Lewis & John Langlois
John mentioned the two trainings coming up in the next month in Oakland & Marquette and Marked talked about the MIFAST data
- a. He crunched the data for Behavioral Treatment MIFAST reviews so far and could not get a trend going because he found that the data seems to be all over the place
 - b. Training for MIFAST reviewer with interrater reliability which was a struggle to get started
 - i. It has now improved by 94%
 1. Breakout Sessions: Trauma; Motivational Interviewing; and dialogue
- G. Co-occurring Mental Health and Substance Abuse Treatment – Mark Lewis
- a. Integrated Dual Disorder Treatment (IDDT) – Mark and Alyson have incorporated ACT, IDDT, and ACT/IDDT Michigan Fidelity Assistance Support Team (MIFAST) reviews and that will continue for FY20
 - b. Dual Diagnosis in Community Mental Health Treatment (DDCMHT) – For FY20, there will be more of a focus on DDCMHT reviews
 - c. Dual Disorder Capability in Addiction Treatment (DDCAT) – No update given
 - d. Co-occurring College – COD College was held in Bay City on July 30, 2019
 - i. Dr. Carlo DiClemente was the keynote speaker - Stages of Change
 1. Breakout Sessions: Trauma; Motivational Interviewing; and dialogue
- H. Co-occurring Disorders (COD) Medication Assisted Treatment (MAT)
Mark mentioned COD / Opioid MIFAST is being looked at on the SUD side
- I. Dialectical Behavioral Therapy (DBT) – Mark Lewis and Julie Jones

Mark mentioned the IMP new modules for DBT training work that is being done on the site: model fidelity; case finding for new staff; and interrater tool

- a. Julie Jones talked about the Annual MIFAST Reviewer Training that was held on August 26th & 27th
 - i. For FY20, there will be an additional training held on November 20th and 21st
- J. Drop-in Centers – Collen Jasper
No update given
- K. Trauma Sub-committee – Collen Jasper
No update given
 - a. Training – Mary Ludtke
No update given
 - b. Children’s Trauma Initiative – Mary Ludtke
No update given
 - c. Prolonged Exposure Therapy (PET) – Mark Lewis & Agnes Ward
PET training (Macomb County) is going really well and collecting data on calls that they participate in for supervision with the main trainers
 - i. Emily Malcoun and David Yusko are the trainers from Pennsylvania
 - ii. There have been some challenges getting cases and keeping them but a number of them have been doing a pretty good job
 - iii. They developed a flyer and will be advertising it on their Google site
 - iv. For FY20, St. Clair will receive the PET training and Oakland County would like it the following year
 1. If you are interested in the training to contact Mark
- L. Trauma MIFAST – Mark Lewis
The Department has had 8 - 9 MIFAST reviews
 - a. If you are interested in having a MIFAST review for your agency, please contact Mark at LowisM@michigan.gov or the MIFAST mailbox at MDHHS-MIFAST@michigan.gov
- M. Level of Care Utilization System (LOCUS) – Jasmin White & Jean Pfaendtner
A report was provided to the committee
 - a. MIFAST reviews: For FY18, 15 reviews completed; for FY19, 24 reviews are the target with 23 scheduled, 19 have occurred
 - i. Average mean score: 3.45
 - ii. Top scoring anchors: Completion (L3), Timeliness (L4), Individual Choice (L12), and Program Support (L1)
 - iii. Bottom scoring anchors: Process Monitoring (L9), Outcome Monitoring (L10) / Quality (L11), Training Support (L6), and Eligibility (L2)
 - b. Specialty Trainings for FY19: Enhancing your LOCUS Skills; and Quality & Outcome Measurement with the LOCUS (completed all four in Grand Rapids, Novi, Traverse City, and Bay City)
 - c. Specialty Trainings for FY20: Planning a new “Train-the-Trainer” workshop to enhance the training skill sets of existing and new LOCUS trainers (Planning on offering it 4 times in FY20); and each of the other two specialty trainings will also be offered 4 times
 - i. Considering the following areas: Mid-state (early December), Ann Arbor (February 2020), Region 2 area (June 2020), and Region 10 area (August 2020)
- N. Use of Encounter Codes – Mark Lewis
No update given
- O. Motivational Interviewing (MI) – Mark Lewis
MI regional trainings added TNT piece with international MINT trainers: Richard Reinhardt is the trainer for the Basic MI; Dan Reed will be handling the Advanced MI; and the Train-the-Trainer will be performed by Randy Estes
 - a. MI MIFAST VASE-R tool will provide data on the agency fidelity and let the department know where training is needed

- P. Parent Management Training – Oregon (PMT-O) – Mary Ludtke
They are starting a new cohort training with their parent professionals to do group work in two weeks in Saginaw
 - a. In February and March, Individual PMT-O training
 - b. They will be testing a new blended training utilizing Zoom were some of it will be in-person and over the web
 - c. Releasing My Parent Resource (Informed PTMO 2-day skills) will be putting it on the website so parents can utilize it 24/7
 - i. They have been working with MSU
- Q. Parenting Through Change for Reunification (PTC-R) – Mary Ludtke
No update given
- R. Psychosocial Rehabilitation – Marty Alward
No updates given
- S. Office of Recovery Oriented Systems of Care (OROSC) – Angie Smith-Butterwick
No updates given
- T. Supported Employment – Joe Longcor
Joe gave an update on the IPS program
 - a. For FY19, there are currently 24 sites which is 3 more than FY18
 - i. 1,650 lives supported per quarter
 - ii. Above 40% employment rate for this last quarter
 - iii. Average over 26 hours a week
 - iv. Average wage is \$10.40
 - b. The average MIFAST fidelity score was just under 100% last year across 21 sites
 - c. The Annual Employment 1st Summit was held July 22nd & 23rd
 - i. They had a good turn out with 145 - 150 attendees (many of them were practitioners & 12 – 15 peers turned out)
 - ii. The national presenters spoke about how other states are doing and offered insight and ideas
 - iii. It went well and there is already interested it doing it again next year
 - d. He is wrapping up the 3rd Statewide Individual Placement and Support Data report which is expected to be released on the web in late February to early March of 2020
- U. Veteran Liaison – Brenda Stoneburner for Brian Webb
The navigators across the state are reaching their goals: 1st quarter was amazing
 - a. There is one regional navigator vacancy; all other regions are filled
 - b. FY19 & 20, Individual CMHs have Veteran Navigators and liaisons on-site within the agencies (CEI, Muskegon, Kalamazoo, most of the 4 counties within Region 10)
 - c. Walking with Warriors media marketing campaign
 - i. Radio ads released
 - ii. Targeted to certain areas of the state based on the population to connect people
 - iii. Website is up and the department is seeking final approval so that will be rolling out soon
 - iv. Just this past week, received final approval for some postcards, standup banners, and media literature so those will be getting rolled out as well
 - d. Next week in Traverse City, Veteran Navigator quarterly / meeting with training begins for the 4th quarter
 - e. Personal and Professional Boundaries training for navigators will be added
 - f. The 2nd Annual Veteran Navigator Summit will be held October 24 at Peckham in Lansing from 8:30 – 2:30 p.m.
 - i. Email notices went out last week
 - ii. If interested, please email Brenda StoneburnerB@michigan.gov or Brian Webb WebbB3@michigan.gov

VI. Agenda Items for Next Quarter

- a. Brenda mentioned utilizing the PISC evidence-based practices to see what folks are seeing and what is happening in the field

- b. To start thinking about it and other EBP ideas and report back at the December meeting

VII. Mark adjourned the meeting

Next meeting scheduled for Thursday, December 5, 2019 from 9:00 a.m. - 12:00 p.m.