

Assertive Community Treatment:

MiFAST activity update-ACT/IDDT and ACT team scheduling and planning in process;

Eleven MiFAST visits with ACT teams (teams without dual ACT/IDDT designation) are in various scheduling stages.

Staff Development activities offered this year:

- **ACT 101**; offered each quarter; training must occur within six months of beginning work
- **ACT 201-C**; Team Leader Day 1 offered twice with ACT teams & Leader Day 2 offered 4 times
- **ACT for Physicians and Nurse Practitioners**; *IN PROCESS OF RESCHEDULING DUE TO LACK OF DECEMBER 2017 REGISTRATIONS*: information and discussion to Assertive Community Treatment Physicians and Nurse Practitioners. Seminar will provide information to enhance ACT understanding and implementation as ACT is practiced in Michigan. The seminar includes an ACT overview, Physician/NP roles and relationship to the ACT team, expectations, leadership, education, discussion and treatment approaches to tough cases and Medicaid requirements
- **ACT for RNs**- topics include direct service in the clinic and community, linking with the doctor, medication management, educating consumers and ACT team about medications, illnesses and interventions as behavioral and physical health goals are incorporated into individual treatment plans; time is included for nurse to nurse discussion.
- **Psychiatric Medication and Chronic Health Conditions** in ACT Consumers; introduction to Psychiatric Medications, benefits and risks of traditional antipsychotic meds, atypical antipsychotic medications, mood stabilizers, and benzos interweaving treatment challenges and interactions of SUD co-occurring with SMI, and introduction to psychiatric medications and the connections with health. Chronic health conditions commonly occurring in people who have a serious mental illness: diabetes, cardiovascular illness, COPD, arthritis, metabolic syndrome. Included is information/discussion related to SMI's effects on the adherence to medication regimes, advantages to early intervention and the historical progressive deterioration of SMI.
- **Challenging Behaviors** examines dementia among persons with mental illness and other disorders, including changes in cognition, functioning and behavior as the emphasis for determining practical non-pharmacological intervention strategies that address the effects of brain changes on cognition, behaviors, and affect. Suggested interventions will adapt communication, the environment, the task, and schedule of daily routines in a way that is individualized to the person, specific disorder (e.g., the type of dementia), severity of disorder, and situation.
- **Hope for Recovery-Recovery of Hope**
Four seminars on cognition, cognitive impairment and challenging behaviors related to mental illness. Information and skill building for treatment.

Technical assistance summary-increase in calls requesting assistance in obtaining services for family members and friends; topics included Kevin's Law, ACT, accessing CMH, and defining ACT.

Family Psychoeducation-FY18 efforts planned:

- FPE Steering Committee is meeting on quarterly basis: next meeting December 14th
- Contract continued with Stephanie Lange for FY18 as lead for FPE efforts, including committee meetings, training coordination, monitoring of IMP, technical assistance as requested and up to 5 MIFAST visits
- Trainings are in the process of being confirmed for FY18:
 - One 2-day FPE Facilitator Training—looking at May in northern Michigan (Mackinaw City or Gaylord, ideally)
 - One 2-day Advanced Facilitator Training—looking at June or July in mid-Michigan (Mt. Pleasant or Lansing, ideally)
 - Number of trainings at location based on results of Survey Monkey and people's input on how many anticipated needing trained and attempt to get central location

Services to Older Adults:

Staff development activities offered:

- **Mental Health and Aging Project** at Lansing Community College: 4 Regional Seminars targeted to CMH and AAA providers and one Mental Health and Aging Conference are planned. Further information is available at:
<https://www.bing.com/search?q=mental+health+and+aging+project+lansing+community+college&src=IE-SearchBox&FORM=IENTTR&conversationid=>
- The **Michigan Dementia Coalition** has been resurrected and is actively working on a plan update. If you would like further information please contact me.
- **Dementia and the CMHSP Population:** How to Recognize Dementia and What to Do
- **Michigan Dementia Educator's Network** for experienced dementia educators

Technical assistance summary primarily phone and email contact with family members, friends and neighbors related to concerning behaviors of older adults, confusion, unfamiliarity and need for assistance to begin to access help.

improvingMIpractices.org

Update on course development:

- **Pain Modules** are finished and are now live! Check them out!
- **Recipient Rights** annual review; scripted content finished, course being created for website
- **Limited English Proficiency-** scripted content completed; course being created for website; filming for vignettes scheduled for Jan 17th
- **Tobacco Retailers Training** – AE working on
- **Infection Control-** AE working on
- **Medication Administration-** Script was revised, rewritten; content completed and reviewed; next step is to develop into online course

- **Cultural Competency** – revised content and script; redesigned and ready to be sent over and developed into course
- Courses within the **Substance Use Disorder** category are being updated and then put into accessible format (3 out of 4 SPF courses)

Materials on imp are being upgraded to meet the WCAG2.0AA guidelines (required); most recent completed upgrade: Motivational Interviewing.

Work continues with the Reciprocity Workgroup and the State Training Guidelines Workgroup.

All State Training Guidelines created by the workgroup are now housed in the Advisory Section of imp.

Rik Rambo and Denise Arbough presented the Reciprocity Workgroup's proposed plan to house reciprocal provider knowledge to the PIHP CEO's in October; John Addis and I were present to answer questions. Competency testing, test banks, reciprocal coursework and competencies are currently being determined. Further information can be obtained from the PIHP Training Reciprocity Implementation team.

Use by fiscal year below:

FY 14		FY 15		FY 16		FY 16	
Total visitors	Total pgs vwd	Total visits	Total pgs vwd	Total visits	Total pgs vwd	Total visits	Total pgs vwd
4,344	12,820	8,178	24,097	10,148	28,843	16,231	91,856
5,443	19,752	7,479	21,922	8,165	24,388	14,461	80,214
5,112	14,214	7,967	20,794	8,611	25,821	15,709	29,868
5,822	14,567	7,736	26,871	11,679	50,179	18,199	116,671
5,773	20,344	7,971	28,829	12,241	50,629	16,466	100,615
8,391	29,663	-	-	13,947	64,926	19,495	128,053
7,935	25,886	-	-	12,085	55,054	16,677	98,330
8,658	34,056	-	-	13,793	62,199	16,996	122,388
6,965	23,054	-	-	12,631	57,498	17,153	125,908
5,942	22,196	-	-	10,459	68,904	16,869	130,518
7,440	28,354	-	-	12,727	87,839	18,376	141,247
8,720	39,220	-	-	17,158	104,186	18,120	128,214
80,545	284,126	39,331	122,513	143,644	680,466	204,752	1,293,882

Account holders (12-5-17) 14,573

Certificate bearing course: 60+

Live Support Chat: M-F 9 am-12 pm

Technical assistance questions related to imp are addressed at Addis Enterprises; questions that related to services, programs, course content, etc. are referred to me.

Respectfully submitted,
Alyson Rush, LMSW