Co-occurring Disorders (COD) Leadership Committee Statewide Meeting February 18, 2021

Meeting Participants: Angie Smith-Butterwick (MDHHS), Ben Barrett (Region 3/HealthWest), Brenda Stoneburner – Chair (MDHHS), Carrie Chanter (Genesee Health Systems), Cathy Hart (Region 4/ Southwest Michigan BH), Cindy Eckert (Region 10), Danielle Walsh (Region 10), Deb Willard (CEI CMH), Karen Amon (Region 5/Bay-Arenac CMH), Leslie Pitts (MDHHS), Lorianne Fall (MDHHS), Mary Baukus (Region 5/Saginaw County CHMA), Matina Fabian (Region 7), Michelle Dickinson (TTI), Nicole Gabriel (Region 9), Nicole Adelman (Region 6/Community Partnership of Southeast Michigan), Randy Estes (Pine Rest/Kalamazoo), Robert Compton (Region 7/Detroit Wayne)

Welcome and Introductions

Welcome and introductions were made

Review of Previous Minutes - Go to www.improvingmipractices.org

No Changes.

MDHHS Updates

New Director – The new director of MDHHS is Elizabeth Hertel

- She has been with the department in a deputy position and has been around MDHHS, public health, and behavioral health for awhile
- Robert Gordon left the position a few weeks ago

Working Remotely - MDHHS and Central staff of BHDDA continue to work from home until May 1st

- That date might get extended further and we should know something in April
- The best way to contact the department is still by email
 - Check the employee's email signature for a current phone / cell number

<u>Virtual Training</u> – Communication went out from Jeff Wieferich, Bureau Director, to all the PIHP's and CMHSP's that MDHHS will continue to do all trainings virtually through December of 2021

<u>HH Modifier</u> – SUD licensing and the change from LARA on whether a SUD license is needed or not to use the HH code for the co-occurring modifier within the programs

- Effective January 1, 2021 there is no need for a SUD license
- SAMHSA does track Co-Occurring Disorders (COD) services as priority; MDHHS wants providers to
 continue using the HH modifier (for now) for COD services, but do not need a SUD license to use it
- CMHAM and some other advocates have requested that the licensing change be reconsidered through LARA
- One of the goals is to have the language changed that reads "they are not allowed to hold a license", to "we cannot require them to hold a license"; this would still allow government entities to hold a license just not say they are required to hold do so
 - O That request has been submitted by CMHAM and advocates and there have been no further updates to date

<u>HHTG Modifier</u> – The Medicaid Provider Manual will be updated so the language is taken out requiring ACT teams to have a SUD license to use the COD modifier for IDDT. This will be completed once PIHP and CMHSP contract changes occur reflecting the current licensure requirements and issuers

Other

Angie Smith-Butterwick - SUD Update - The SUD/COD conference is going to be virtual again this year

- This year, looking at a new platform so it will be a little different but should operate the same
- Request for proposals will be going out soon
- Looking into reducing the time for the workshops from 1 1/2 hours to 1 hour

<u>Leslie Pitts - Children and Families Update</u> - No real updates except converting all their trainings to virtual ones

• Adolescent DBT just did their first virtual training

<u>Randy Estes (Pine Rest/Kalamazoo)</u> – He is a full-time therapist, and the workload is incredible, so it is hard to set those boundaries and there is such a demand for telehealth

• In FY20, MI trainings basically disappeared and for FY21 they really seem to be coming back with virtual trainings that it is turning into a weekly thing with universities, public defenders in Kalamazoo County, and some CMHs around the state

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• Pine Rest offered vaccinations back in January and by February they extended that to family members or any household member of an employee as well

TA Needs or Issues (Helpful Resources)

MIFAST Visits -

- Most MIFAST teams are back up for virtual visits
 - The evaluations and feedback from the agencies has been very positive and some agencies prefer the virtual visits
- If you are interested in a MIFAST visit, send an email to <u>MDHHS-MIFAST@michigan.govImproving MI Practices (IMP)</u> The IMP website address is <u>www.ImprovingMIPractices.org</u> which has tons of materials, resources, training, and many courses that have CEUs attached to them plus it is free to sign up
- Supervisors are now able to view, track course content, and assign and check completion of courses

Regional Reports

- Region 3
 - Ben Barrett (HealthWest)
 - Their ACT team is in development and they have a few new staff that they are trying to get up to speed
- Region 4
 - o Cathy Hart (Southwest Michigan Behavioral Health)
 - Folks are getting vaccinated and they just received their shots yesterday
 - After Easter, they are planning a COD 101 for treatment plans for their partners and new people with Jennifer Harrison
- Region 5
 - Mary Baukus (Saginaw CMH)
 - Folks are getting their 2nd shots of the vaccine for everybody who wants one
 - They now have Microsoft Teams, and they are learning how to use it plus it is HIPPA compliant
 - They are still hiring a substance abuse coordinator
 - Looking forward to getting in-person groups going again once it is safe
 - o Karen Amon (Region 5 Bay-Arenac CMH)
 - They have identified a need for Arenac County to have an increase in the SUD services
 - Partnered with Pathways and they have provided some services initially at their Arenac site, they now have a mobile unit, too and are providing services at 2 spots in the county
 - > Several of their therapists are proceeding with their addiction credentials
 - ➤ Karen just went through a supervisor training for the credentialing and being able to supervisor them
 - There is also supervision for the supervisors
 - The entire process is time consuming
 - They identified that they need to get back to some of the experience-based practice and COD lost due to people leaving and different priorities in the last 1 ½ years
 - o Deb Willard (CEI CMH)
 - They had to do some shifting of staff and now have their co-occurring consult back up and running again
 - The SUD trainings have been really popular especially the ones with Jennifer Harrison
 - Opportunity to improve their care coordination if a probation requirement is for the patient to have a mental health and a SUD therapist
 - They are also getting vaccinated for everyone who wants one and folks are already getting their second shot
- Region 6
 - o Nicole Adelman (Community Partnership of Southeast Michigan)
 - Working closely with CMHs and SUD departments to get medicine for opioid use disorder (MOUD) in the emergency rooms and jails

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- They are still working on the regional recovery self-assessments (RSA) and are working with CMH agencies and other providers to come up with a plan on how to address the results of the assessment
- Region 7
 - o Robert Compton (DWIHN)
 - On Monday, they had their 1st round of vaccines and are due for the 2nd ones in about 15 days
 - They lost their SUD director and now have a critical position that needs to be filled
 - ➤ He is not sure if the position has been posted yet or not
 - Their organization just went through uploads with the National Committee for Quality Assurance (NCQA) and are looking for that to be positive
 - At the ACT Level Care, they have found some duplication of services in their systems as far as ACT goes with SUD Medicaid assisted treatment services for ACT and MAT providers
 - They hope to hold a virtual mini co-occurring conference sometime this year
 - Matina Fabian
 - Next Thursday, they are participating in a conference along with Detroit-Wayne, Community Cares, other providers, and sponsors
 - Registration closes tomorrow and Matina put the website address in the chat box for anyone who is interested
- Region 9
 - o Nicole Gabriel (Region 9)
 - Stuff going on with CCBHC within their CMH system and working on getting SUD specific training to those who primary work in mental health
 - Added that as required trainings for everyone within their system
 - Still working on updates to their SOAR grant
 - Looking for trainings and providers to get that set up
- <u>Region 10</u>
 - o Carrie Chanter (Genesee Health Systems)
 - Like Nicole, they are working on their CCBHC grant and making sure staff are trained in evidence-based programming
 - ➤ With the same grant, they are able to pay for a large portion of staff to get certified with the Michigan Certification Board for Addiction Professionals (MCBAP) and they are really excited about it
 - Continue to have their quarterly COD leadership group meetings in their county with their providers
 - ➤ GHS leads this group
 - Suicide prevention campaign that they secured with PA2 funding for their county
 - > Primary target will be on people who use substance abuse drugs
 - A media campaign will be launched this month
 - > Comprehensive trainings for internal staff and community
 - ➤ Having people trained with the Living Works program called Start around 200 licenses
 - They are thankful for the COD trainings with through the CMHAM with Jennifer Harrison
 - Cindy Eckert
 - Like Nicole, they also have some services in the jails with the MOUD and that is going along nicely in St. Clair County

Future Agenda Items

None identified at this time

Future Meetings

May 20, 2021