

Co-occurring Disorders (COD) Leadership Committee Statewide Meeting February 15, 2024

Meeting Participants: Anastasia Miliadi (Southwest Michigan BH/Region 4), Brittany Pietsch (Region 1), David Yusko (Presenter), Ecole Brooks (MDHHS), Lena Houston (MDHHS), Liz Cunningham (Central Michigan/Region 5), Lorianne Fall (MDHHS), Mary Baukus (Saginaw County CHMA/Region 5), Michelle Boudreaux - Chair (MDHHS), Michelle Knoch, Price Pullins (MDHHS), Stacey Manley, Stephanie Lange (Contractor)

Welcome and Introductions

Welcome and introductions were made.

Review of Previous Minutes – Go to www.improvingMIpractices.org.

MDHHS Updates

Upcoming Trainings

Michelle went through the upcoming trainings with the committee.

- The first ever 2-Day Assertive Community Treatment/Integrated Dual Disorder Treatment (ACT/IDDT) Summit will be held on April 18 – 19, 2024, at the Shanty Creek Resort in Bellaire, MI.
 - This will be great for teams to network.
 - It will be with an aspect of trauma.
 - There will be team building and engagement.
 - Assertive outreach will be discussed.
 - Basic and advanced trainings focused on multiple aspects of treatment – CBT and psychosis, group treatment, issues related to co-occurring disorders.
 - A save the date flyer will be out soon.
- Save the date for Motivational interviewing (MI) Cohorts will be coming out soon and be listed on cmham.org.
- Cognitive Processing Therapy (in-person) May 9 – 10, 2024, and a virtual one in August.
- A series of back to the basics for COD assessments will be offered twice.
- Workshop series (2-hour) on the impact of different substances and mental health on each other (still in development and hoping will be posted by May).
- To register for other trainings, go to [Conferences & Training • Community Mental Health Association](#).

Impact of Comorbidity - David Yusko

David shared a power point with the group on the Impact of Comorbidity and PTSD.

- He showed a You Tube video titled Prolonged Exposure for Post-Traumatic Stress Disorder (PTSD) .
- Trauma Specific Evidence-based PTSD treatments:
 - Seeking Safety (SS)
 - Prolonged Exposure (PE)
 - Cognitive Processing Therapy (CPT)
 - Eye Movement Desensitization Therapy (EMDR)

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Future Agenda Items

Please email agenda items to Michelle Boudreaux via email at BoudreauxM@Michigan.gov.

Future Meetings

May 6, 2024, 2:30- 3:30 p.m.