

DBT MIFAST Review Team Minutes
June 26, 2019

TOPIC	DISCUSSION/ACTION	FOLLOW-UP CLARIFICATION
Introductions		
Site Visits	<p>-Everyone is feeling a bit disconnected from a coordinated effort to get reviews arranged and scheduled.</p> <p>Reasons discussed were:</p> <ul style="list-style-type: none"> -The process for case finding changed when the coordinating function was brought in house -Mark was on sick leave the entire second quarter of the Fiscal Year and unavailable to manage or respond to team members -Last year and the year before were robust and the number of reviews completed means fewer teams felt it was time for another -The trend for the past 2 years has been few site visits early in the year with a surge toward the end of the year (last quarter = July, August, September -There has been a trend in which many teams have ceased to function due to staff turnover, or administrative changes <p>The remedies discussed were:</p> <ul style="list-style-type: none"> -Letter from BHDDA to PIHPs indicating that DBT Teams will be contacted to discuss the scheduling of reviews -Letter will include an invitation to those who wish to set up a review prior to any contact from BHDDA -MIFAST Reviewers will contact DBT Team Leaders in their region to encourage reviews. -Teams just now restarting after having sun-setted, or brand new teams, will be encouraged to make a MIFAST Review part of their implementation rather than waiting 	
Summit	<ul style="list-style-type: none"> -The DBT Summit this year got high marks for every element -The plenary speaker and his breakout were very highly regarded -Some of the comments for the breakout that Mark did on mindfulness were not understanding of the Summit and seems to indicate that it has taken on a “regional training” flavor, rather than a “summit” -The MIFAST group will work together to develop a “Summit” for next year by organizing it to be centered around the presence of a National, or Regional Expert who provides a plenary and then a follow-up breakout discussion, at least 4 additional breakout sessions that are facilitated by a member of the MIFAST team around a specific DBT skill, or Fidelity element. -Josh Smith has the lead for these discussions with 	

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	<p>assistance from the MIFAST team as the committee for developing the Summit</p> <p>-One member of the committee will be from CMHAM for event planning</p>	
Coaching and Supervision	<p>-Currently, MIFAST visits are not generating follow-up activities in the form of training, coaching, supervisions, consulting</p> <p>-More of the MIFAST team can be doing these activities if contracts are funded to allow it</p> <p>-Mark has the lead on restructuring contracts to provide for this</p>	
Improvingmipractices Website	<p>-Currently, the IMP section for DBT has one of Josh's Power Points, a number of videos of Josh's trainings that were recorded through the Detroit Wayne County Community Mental Health Authority, Virtual Center of Excellence, and a 25 question competency exam</p> <p>-The MIFAST team will begin meeting as a work group to develop a modularized, on-line training</p> <p>-The training will include one learning objective per module, with a 10 question quiz, and a CEU award certificate if the student score 70% or above on the quiz.</p> <p>-The MIFAST workgroup will outlining the course and work with the IT group through Alyson Rush to develop the presentation with graphics and dialog</p>	