

Home Safety for People with Alzheimer's Disease

Home Safety Room by Room

Prevention begins with a safety check of every room in your home. Use the following room-by-room checklist to

- **Throughout the Home**

Your home is a personal and precious environment. As you go through this checklist, some of the changes you make

Throughout the Home

- Display emergency numbers and your home address near all telephones.
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- Install secure locks on all outside doors and windows.

Outside Approaches to the House

- Keep steps sturdy and textured to prevent falls in wet or icy weather.

Entryway

- Remove scatter rugs and throw rugs.

Kitchen

- Install childproof door latches on storage cabinets and drawers designated for breakable or dangerous items.

Bedroom

- Anticipate the reasons a person with Alzheimer's disease might get out of bed, such as hunger, thirst, going to

Bathroom

- Do not leave a severely impaired person with Alzheimer's alone in the bathroom.

- Use a night-light.

Living Room

- Clear electrical cords from all areas where people walk.

Laundry Room

- Keep the door to the laundry room locked if possible.

Garage/Shed/Basement

- Lock access to all garages, sheds, and basements if possible.