

## **Handouts on Improving MI Practices Website Dementia What it Looks Like and How to Help**

The following handouts are posted on the Improving MI Practices website <http://improvingmipractices.org/> under the title and date of this August 2017 Dementia seminar. They are in alphabetical order of the filename of each handout. Some of these handouts are also distributed as hard copy today and have an asterisk (\*) before them. The file name of each handout is included below.

The entire Cognitive Intervention Assessment Protocol (CIAP) and the entire Cognitive Impairment Intervention Protocol (CIIP) are located in a different spot (Wiki) on the Improving MI Practices website.

Please note that all Caring Sheets are available on this website and also on the following website <http://www.lcc.edu/mhap>

### **HANDOUTS**

1. \*Agenda for this Seminar (Dementia Seminar Agenda.8.1-2.2017.pdf): 2 pages
2. \*Handouts on Improving MI Practices Website for Dementia Seminar August 2017 (HandoutFileNames.Dementia.8.1-2.2017.pdf): 5 pages

### **RESOURCES**

3. \*Caring Sheets Currently Available: From the (former) Michigan Department of Community Health Dementia Care Series: (CaringList.2017.pdf): 1 page
4. \*Handouts by Shelly Weaverdyck (Handouts.SWeav.List.5.20.17.pdf): 3 pages
5. CIAP & CIIP Sections: Cognitive Impairment Assessment Protocol (CIAP) & Cognitive Impairment Intervention Protocol (CIIP): List of Sections (CIAP.CIIP.List.9.30.10.pdf): 3 pages
6. More Resources: The Brain, Cognitive Impairment, Behavior, Dementia (MoreResour.Brain.Beh.5.22.17.pdf): 8 pages
7. Selected Websites on Psychological and Neurological Disorders (WebGuide.Revised.2.10.14.pdf): 4 pages

### **BRAIN & COGNITION**

8. \*Cognitive Functions and the Brain: The Healthy Brain and Cognition: Abbreviation of Caring Sheet #1 (TheBrain.Handout.3.24.13.pdf): 2 pages
9. Caring Sheet #1: The Healthy Brain and Cognition: (Caring1.2010.pdf): 5 pages
10. Caring Sheet #2: Brain Changes and the Effects on Cognition (Caring2.2010.pdf): 11 pages
11. \*Comments about the Brain (BrainComments.Handout.3.31.17.pdf): 2 pages
12. \*Basic Messages about Cognitive Impairment (Basic.Messages.Handout.3.31.17.pdf): 2 pages
13. \*Cognitive Impairment and the Brain (Curr.Mod.1.Hand.1.8.27.08.Rev.pdf): 6 pages
14. \*Cognitive Impairment: Five Phases of Cognitive Processing (CogImpFivePhas.3.17.10.pdf): 2 pages
15. \*Change in Cognition Questions: Suggestions for Exploring Evidence of Cognitive Change in Mental Illness (Change.Cognition.Questions.Handout.9.28.15.pdf): 1 page

### **DEMENTIA**

16. \*Three Diagnostic Questions: Suggestions for a Search for the Cause of Cognitive Impairment in an Older Adult (Three.Dx.Ques.Handout.3.29.10.pdf): 2 pages
17. Alzheimer's Disease: A Summary of Information and Intervention Suggestions with an Emphasis

on Cognition: Caring Sheet #11 from the Michigan Department of Community Health (MDCH) Dementia Care Series: (Caring11.2010.pdf): 7 pages

18. Dementia with Lewy Bodies: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #12 from the Michigan Department of Community Health (MDCH) Dementia Care Series: (Caring12.2010.pdf): 6 pages
19. Frontotemporal Dementia: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #13 from the Michigan Department of Community Health (MDCH) Dementia Care Series: (Caring13.2010.pdf): 7 pages

## **ASSESSMENT**

20. Assessment for Intervention During Activities of Daily Living: Four Factors (Curr.Mod.1.Hand.2.9.7.07.pdf): 1 page
21. Domains for Assessment & Intervention (Domains.Handout.3.19.10.pdf): 2 pages
22. Recognizing Cognitive Abilities: Suggestions for Recognizing Evidence of a Person's Cognitive Impairment & Strengths (Recognizing.Cog.Handout.6.4.10.pdf): 5 pages
23. Assessing a Person's Emotional Status: Suggestions of Questions to Ask about a Person with Cognitive Impairment (Emotions.Assess.3.20.10.pdf): 2 pages
24. Response to Acute Distress: Suggestions of Assessment Questions when Assisting Someone with Cognitive Impairment (Distress.Imm.Quest.Assess.Handout.3.20.10.pdf): 2 pages
25. Ten Questions about Behaviors: Suggestions of Questions to Ask when Consulting about Distressing Behaviors and a Person with Cognitive Impairment Consult.Ques.3.16.10.pdf): 1 page
26. Methods & Occasions for Assessment: Suggestions of Types and Times of Assessment for Someone with Cognitive Impairment (Methods.Occasions.Assess.Handout.3.20.10.pdf): 2 pages
27. \*Features of the Environment to Assess (Env.CIAP.Intro.Rationale.Handout.4.25.17.pdf): 4 pages
28. Assessing Cognition of the Person with Cognitive Impairment: Questions to Ask (Curr.Mod.2.Handout.12.18.09.pdf): 4 pages
29. \*Assessing the Environment of the Person with Cognitive Impairment: Questions to Ask (Curr.Mod.3.Hand.9.7.07.pdf): 5 pages
30. \*Assessing Caregiver Interactions with the Person with Cognitive Impairment: Questions to Ask (Curr.Mod.4.Hand.9.7.07.pdf): 6 pages
31. \*Assessing the Task and Daily Routines for the Person with Cognitive Impairment: Questions to Ask (Curr.Mod.5.Hand.1.9.7.07.pdf): 5 pages

## **INTERVENTION**

32. \*Four Factors and Basic Concepts for Intervention: Suggestions for Assisting Someone with Cognitive Impairment (FourFactors.Concepts.Interv.Handout.3.25.10.pdf): 2 pages
33. Messages about Cognitive Intervention: Basic Messages to a Caregiver about a Person with Cognitive Impairment (Messages.CogInterv.Handout.6.4.10.pdf): 2 pages
34. \*Task Complexity and Intervention Model for Cognitive Impairment (Task.Complex.Model.Handout.3.19.10.pdf): 1 page
35. Planning an Intervention for a Difficult Behavior: Suggestions for Helping Someone with Cognitive Impairment (Diff.Beh.Outline.Interv.Handout.3.21.10.pdf): 4 pages
36. \*Recognizing & Responding to Needs of a Person with Distressing Behaviors or Cognitive Impairment (Recog.Resp.Needs.Pain.Handout.3.24.10.pdf): 3 pages
37. \*Do's to Remember: Suggestions for Preventing and Responding to Distressing Behaviors with a Person with Cognitive Impairment (Dos.Remember.Handout.3.14.10.pdf): 2 pages

38. \*Vision and Hearing Interventions: Suggestions for Helping Someone with Cognitive Impairment (Sensory.Interv.Handout.3.20.10.pdf): 2 pages
39. \*Visual-Spatial Interventions: Suggestions for Helping Someone with Impairment in Visuospatial Functioning (Visuospatial.Interv.Handout.3.23.10.pdf): 3 pages
40. \*Touch: Suggestions for Touching a Person with Cognitive Impairment (Touch.Interv.Handout.3.24.10.pdf): 2 pages
41. Movement: Suggestions for Moving a Part of the Body of a Person with Cognitive Impairment (Movement.Interv.Handout.3.12.10.pdf): 1 page
42. \*Making Decisions: Suggestions for Helping a Person with Cognitive Impairment Make Decisions (Decisions.Interv.Handout.3.25.10.pdf): 2 pages
43. Simple Activities: Suggestions of Activities for an Older Person with Cognitive Impairment (Simple.Activities.Handout.3.12.10.pdf): 2 pages
44. Helping with Daily Tasks: Caring Sheet #14 from the Michigan Department of Community Health (MDCH) Dementia Care Series: (Caring14.2010.pdf): 13 pages
45. Interventions for Persons with Right Hemispheric Brain Impairment: Suggestions for Helping Someone with Impairment in the Right Hemisphere of the Brain (R.Hemisphere.Interv.Handout.3.22.10.pdf): 2 pages
46. \*Intervention Suggestions for Frontal Lobe Impairment: Caring Sheet #19 from the Michigan Department of Community Health (MDCH) Dementia Care Series: (Caring19.2010.pdf): 5 pages
47. \*Frontotemporal Dementia Interventions: Suggestions for Helping Someone with Frontotemporal Dementia (FTD.Interventions.Handout.3.23.16.pdf): 4 pages
48. \*Dementia with Lewy Bodies Interventions: Suggestions for Helping Someone with Dementia with Lewy Bodies (DLB.Interventions.Handout.3.23.16.pdf): 2 pages
49. \*Sharing with Others: Suggestions for Sharing Information, Support, & Intervention Ideas with Caregivers about a Person with Cognitive Impairment. (SharingInfo.Interv.Handout.4.30.10.pdf): 6 Pages
50. \*Home Safety for People with Alzheimer's Disease from NIH-NIA (Home Safety for People with Alzheimer's.1.22.15.pdf): 5 pages

#### **HARDCOPY ONLY**

51. \*Recommended Laboratory Evaluation for Dementia (Recommended Lab Eval.pdf) 1 page (Hardcopy only)
52. \*Causes: Conditions that can cause dementia (Los Angeles Alzheimer's Assn) (causes.pdf): 2 pages (Hardcopy only)
53. \*What if it isn't AD? (What if it isn't AD.pdf): 2 pages (Hardcopy only)
54. \*Stages of Alzheimer's Disease (Alzheimer's Association) (FSstages.pdf): 2 pages (Hardcopy only)
55. Decoding Schizophrenia: The Brain in Schizophrenia from Scientific American, January, 2004, by DC Javitt & JT Coyle (Brain.Schizop.SciAm.11.pdf): 1 page (THIS IS NOT ON THE WEBSITE, BUT IS RECOMMENDED READING.)

#### **CIAP (Partial)**

56. Introduction and Instructions for the Cognitive Impairment Assessment Protocol (CIAP) (CIAP.Intro.2.24.10.pdf): 2 pages
57. Cognition YN: Assessment of Cognition of a Person with Cognitive Impairment from CIAP: Yes/No Response Sheet: (CIAP.Cog.YN.9.23.09.pdf): 4 pages
58. \*Cognition 4 Pt: Assessment of Cognition Four Point Scale Response Sheet from the Cognitive

Impairment Assessment Protocol (CIAP) (CIAP.Cog.4Pt.9.23.09.pdf): 4 pages

59. Environment YN: Assessment of the Environment of a Person with Cognitive Impairment from CIAP: Yes/No Response Sheet: (CIAP.Env.YN.9.23.09.pdf): 4 pages

60. Caregiver Interactions 4 Pt: Assessment of Caregiver Interactions: Four Point Scale Response Sheet: (AssessInstr.Careg.4Pt.8.21.08.pdf): 4 pages

61. Task & Daily Routines 4 Pt: Assessment of Task and Daily Routines of a Person with Cognitive Impairment: Four Point Scale Response Sheet: (AssessInstr.Task.4Pt.1.30.09.pdf): 3 pages

### **CIIP (Partial)**

62. Cognitive Functions: Introduction and Instructions for Cognitive Functions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Cog.Intro.2.24.10.pdf): 3 pages

63. Executive Functions: Section III of Cognitive Functions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Cog.3.Exec.9.28.09.Outline.pdf): 14 pages

64. \*Contrast: Section I of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.1.Contrast.9.28.09.Outline.pdf): 3 pages

65. \*Patterns: Section II of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.2.Patterns.9.28.09.Outline.pdf): 2 pages

66. \*Clutter: Section III of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.3.Clutter.9.28.09.Outline.pdf): 4 pages

67. \*Cueing: Section IV of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.4.Cueing.9.28.09.Outline.pdf): 4 pages

68. Caregiver Interactions: Introduction and Instructions for Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Careg.Intro.2.24.10.pdf): 3 pages

69. \*Explanation/Reassurance: Section II of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP): Balloon format: (CIIP.Careg.2.Expl.Balloon.8.21.08.pdf): 7 pages

70. \*Body Language: Section III of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (CIIP.Careg.3.BodyLang.Outline.8.21.08.pdf): 3 pages

71. Distraction: Section VI of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Careg.6.Distract.Outline.8.21.08.pdf): 2 pages

72. Organization: Section IX of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Careg.9.Organ.Outline.8.21.08.pdf): 2 pages

73. Consistency: Section V of Task and Daily Routines from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Task.5.Consis.8.30.08.Outline.pdf): 2 pages

### **ENTIRE CIAP: Entire Cognitive Impairment Assessment Protocol (CIAP) (On Website in Wiki)**

1. Introduction to the Cognitive Impairment Assessment Protocol (CIAP) (4.3-4.CIAP.Intro.2.13.12.pdf)

2. Assessment of Cognition of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.5-6.CIAP.Cog.YN.4Pt.2.13.12.pdf)

3. Assessment of the Environment of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.7-9.CIAP.Env.YN.6PT.Instruct.2.13.12.pdf)

4. Assessment of Caregiver Interactions of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.10-11.CIAP.Careg.YN.4Pt.2.13.12.pdf)

5. Assessment of Task and Daily Routines of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats:

(4.12-13.CIAP.Task.YN.4Pt.2.13.12.pdf)

**ENTIRE CIIP: Entire Cognitive Impairment Intervention Protocol (CIIP) (On Website in Wiki)**

6. Cover for the Cognitive Impairment Intervention Protocol (CIIP): (5.1.CIIP.Cover.2.13.12.pdf)
7. Cognitive Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.2-7.CIIP.Cog.Intro.I-V.2.13.12.pdf)
8. Environment Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.8-17.CIIP.Env.Intro.I-IX.2.13.12.pdf)
9. Caregiver Interaction Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.18-28.CIIP.Careg.Intro.I-X.2.13.12.pdf)
10. Task Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.29-35.CIIP.Task.Intro.I-VI.2.13.12.pdf)