# HANDOUTS BY SHELLY WEAVERDYCK

# **BRAIN, COGNITION, DIAGNOSIS**

- Cognitive Functions and the Brain: The Healthy Brain and Cognition: Abbreviation of Caring Sheet #1 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 2 pages
- 2. The Healthy Brain and Cognition: Caring Sheet #1 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 5 pages
- 3. Brain Changes and the Effects on Cognition: Caring Sheet #2 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 11 pages
- 4. Comments about the Brain: Basic Information about the Brain and Cognitive Impairment: 2 pages
- 5. Basic Messages about Cognitive Impairment: Suggestions of Assumptions to Make When You Care about or for a Person with Cognitive Impairment: 2 pages
- 6. Cognitive Impairment and the Brain: Handout 1 from Session 1 of the Cognitive Impairment Assessment Educational Series: 6 pages
- 7. Cognitive Impairment: Cognitive Functions: Five Phases of Cognitive Processing: 2 pages
- 8. Three Diagnostic Questions: Suggestions for a Search for the Cause of Cognitive Impairment in an Older Adult: 2 pages
- 9. Change in Cognition Questions: Suggestions for Exploring Evidence of Cognitive Changes in Mental Illness: 1 page
- Alzheimer's Disease: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #11 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 7 pages
- Dementia with Lewy Bodies: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #12 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 6 pages
- Frontotemporal Dementia: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #13 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 7 pages

## ASSESSMENT

- 13. Assessment for Intervention During Activities of Daily Living: Four Factors: Handout 2 from Session 1 of the Cognitive Impairment Assessment Educational Series: 1 page
- 14. Domains for Assessment & Intervention: Suggestions of Information to Consider about Someone with Cognitive Impairment: 2 pages
- 15. Recognizing Cognitive Abilities: Suggestions for Recognizing Evidence of a Person's Cognitive Impairment & Strengths: 5 pages
- 16. Assessing a Person's Emotional Status: Suggestions of Questions to Ask about a Person with Cognitive Impairment: 2 pages
- 17. Response to Acute Distress: Suggestions of Assessment Questions when Assisting Someone with Cognitive Impairment: 2 pages

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- Ten Questions about Behaviors: Suggestions of Questions to Ask when Consulting about Distressing Behaviors and a Person with Cognitive Impairment: 1 page
- 19. Hand Dominance Criteria: Suggestions of Evidence a Person with Cognitive Impairment is Left or Right handed: 1 page
- 20. Methods & Occasions for Assessment: Suggestions of Types and Times of Assessment for Someone with Cognitive Impairment: 2 pages
- 21. Features of the Environment to Assess: Nine Features and Rationale Important to Cognitive Impairment: 4 pages
- 22. Assessing Cognition of the Person with Cognitive Impairment: Questions to Ask: Handout from Session 2 of the Cognitive Impairment Assessment Educational Series: 4 pages
- 23. Assessing the Environment of the Person with Cognitive Impairment: Questions to Ask: Handout from Session 3 of the Cognitive Impairment Assessment Educational Series: 5 pages
- 24. Assessing Caregiver Interactions with the Person with Cognitive Impairment: Questions to Ask: Handout from Session 4 of the Cognitive Impairment Assessment Educational Series: 6 pages
- Assessing the Task and Daily Routines for the Person with Cognitive Impairment: Questions to Ask: Handout from Session 5 of the Cognitive Impairment Assessment Educational Series: 5 pages

# **INTERVENTION**

- 26. Four Factors and Basic Concepts for Intervention: Suggestions for Assisting Someone with Cognitive Impairment: 2 pages
- 27. Messages about Cognitive Intervention: Basic Messages to a Caregiver about a Person with Cognitive Impairment: 2 pages
- 28. Task Complexity and Intervention Model for Cognitive Impairment: Suggestions for Simplifying a Task for Someone with Cognitive Impairment: 1 page
- 29. Planning an Intervention for a Difficult Behavior: Suggestions for Helping Someone with Cognitive Impairment: 4 pages
- 30. Recognizing & Responding to Needs of a Person with Distressing Behaviors or Cognitive Impairment: 3 pages
- 31. Do's to Remember: Suggestions for Preventing and Responding to Distressing Behaviors with a Person with Cognitive Impairment: 2 pages
- 32. Vision and Hearing Interventions: Suggestions for Helping Someone with Cognitive Impairment: 2 pages
- 33. Visual-Spatial Interventions: Suggestions for Helping Someone with Impairment in Visuospatial Functioning: 3 pages
- 34. Touch: Suggestions for Touching a Person with Cognitive Impairment: 2 pages
- 35. Movement: Suggestions for Moving a Part of the Body of a Person with Cognitive Impairment: 1 page
- 36. Making Decisions: Suggestions for Helping a Person with Cognitive Impairment Make Decision: 2 pages
- 37. Simple Activities: Suggestions of Activities for an Older Person with Cognitive Impairment: 2 pages
- 38. Helping with Daily Tasks: Caring Sheet #14 from the Michigan Department of Community

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Health (MDCH) Dementia Care Series: 13 pages

- 39. Interventions for Persons with Right Hemispheric Brain Impairment: Suggestions for Helping Someone with Impairment in the Right Hemisphere of the Brain: 2 pages
- 40. Intervention Suggestions for Frontal Lobe Impairment: Caring Sheet #19 from the Michigan Department of Community Health (MDCH) Dementia Care Series: 5 pages
- Frontotemporal Dementia Interventions: Suggestions for Helping Someone with Frontotemporal Dementia: 4 pages
- 42. Dementia with Lewy Bodies Interventions: Suggestions for Helping Someone with Dementia with Lewy Bodies: 2 pages
- 43. Sharing with Others: Suggestions for Sharing Information, Support, & Intervention Ideas with Caregivers about a Person with Cognitive Impairment: 6 pages

## FOR RESIDENTIAL OR COMMUNITY PROGRAM

- 44. A Vision for Cognitive Impairment in a Residential or Community Setting: A Suggested Generic Vision Statement & Key Points: 5 pages
- 45. Starting a Cognitive Impairment Program: Suggestions for Issues to Consider Regarding a Community or Residential Program: 2 pages
- 46. Coordinator for a Cognitive Impairment Program: Suggestions for Preferred Characteristics of a Program Coordinator: 2 pages
- 47. Standard Staff Session Agenda: Suggestions for Direct Care Staff of a Cognitive Impairment Community or Residential Program: 2 pages

## LISTS OF OTHER HANDOUTS BY SWEAVERDYCK

- 48. Caring Sheets Currently Available: From the Michigan Department of Community Health (MDCH) Dementia Care Series: 1 page (This list and all Caring Sheets are available on the website: http://www.lcc.edu/mhap/)
- Cognitive Impairment Assessment & Intervention Tool Series: Description of Four Tools by S. Weaverdyck: A description of the Cognitive Impairment Assessment Educational Series Curriculum for Sessions 1-5; Caring Sheets, CIAP, and CIIP: 4 pages
- Cognitive Impairment Assessment Protocol (CIAP) & Cognitive Impairment Intervention Protocol (CIIP): List of Sections: 3 pages (Both the CIAP and CIIP are available upon request.)
- 51. Articles and Books by S. Weaverdyck: 2 pages

Handouts are available electronically from Shelly Weaverdyck at sweaverd@umich.edu