

The PRACTICE IMPROVEMENT STEERING COMMITTEE

Meeting Minutes for September 2, 2021

Group Members Present: Belinda Hawks, Brenda Stoneburner, Michelle Boudreaux, Cathy Hart, Charlyss Ray, Debra Willard, Jasmine White, Jean Pfaendtner, Jennifer Keilitz, Joe Longcor, Josh Snyder, Leslie Garrisi, Leslie Pitts, Luanne Gray, Mary Baukus, Colleen Jasper, Sarah Bowman, Sydney Larsen, Susan Allan, Jeff Brown, John Langlois, Leslie S, Tom Seilheimer, Kathy Fitzpatrick, Brittany Pietsch, Moira Kean, Katie B, Amolie Fonger, Matt Seager, Julie Jones

- I. **Welcome and Introductions** – Meeting called to order and introductions were made.
- II. **Review of Minutes** – There were no changes, revisions, or updates to the minutes.
- III. **Community Mental Health Association of Michigan (CMHAM)** – No update given.
- IV. **Evidence-Based Practices and PISC Sub-Committee Updates**

[Mental Health Services to Children and Families Division](#)

A. Innovative Services Section

a. Children's Trauma Initiative –

- Trauma Focused Cognitive Behavioral Therapy (FY21)—Cohorts in progress, new cohort for TFCBT starts in October.
- Child Parent Psychotherapy (FY21)—New 18-month cohort started in August (cohort 3).
- If you would like further information, contact Amy Cowper.

b. Fetal Alcohol Spectrum Disorder (FASD) Initiative – Kathy Fitzpatrick

- Families Moving Forward (FY21-FY22)—current cohort in progress; making plans for the next cohort in spring of 2022.
- Children's Friendship Training (FY22)—Plan for training in this evidence-based practice in spring/summer of FY22.
- For further information, contact Kathy Fitzpatrick

c. SED / NDD Families Moving Forward and Children's Friendship Training – New trainings starting in the spring.

d. Motivational Interviewing for Adolescents –

- a. Cohort 2 MI Learning Collaborative is currently underway. Next Learning Collaborative will start in January with another Learning Collaborative starting in the summer of 2022.
- b. For further information, contact Kathy Fitzpatrick

e. Parent Management Training Oregon (PMTO), Parenting Through Change (PTC), Orientation in September. Virtual groups going well. Time Away is within guidelines.

f. and Parenting Through Change for Reunification (PTC-R) – Luann Gray

g. DBT for Adolescents (FY21) – Mary Ludtke

- a. Applications for Cohort 2 were accepted, and participants were notified. The cohort began yesterday.
- b. For further information, contact Mary Ludtke

h. Infant Mental Health Home Visiting – Evaluation Outcomes – Mary Ludtke

- a. The evaluators continue to develop articles for publication of the study results. In addition, in FY22, the evaluators and MHSCF staff are working to have HHS

The PRACTICE IMPROVEMENT STEERING COMMITTEE
Meeting Minutes for September 2, 2021

(federal), Administration for Children and Families designate IMH-HV as an evidence-based home visiting model.

- b. For further information, contact Mary Ludtke.
- i. Infant and Early Childhood Mental Health Consultation in Childcare Settings Mary Ludtke
 - A. Childcare Settings – consultants continue to build their caseloads due to more childcare centers opening this summer/fall. Fidelity monitoring is taking place and 90% of the services meet fidelity requirements.
 - B. Home Visiting Programs is being launched this quarter. Consultants will work with specific Home Visiting models in their community and assist the home visitors to better address mental health issues of the parent(s) and/or child served.

For further information, contact Mary Ludtke.

- j. Measuring Outcomes for Children and Families-CAFAS, PECFAS, DECA – Mary Ludtke
The FY20 summary of CAFAS/PECFAS scores (intake, exit) is being prepared and is due for release in the fall

- B. Healthy Transitions Project – Leslie Pitts
No update given.
- C. Wraparound Services – Kim Batsche-McKenzie
No update given.
- D. Treatment Foster Care – Oregon (TFC-O) – Kim Batsche-McKenzie
There are currently two youth.

Office of Recovery Oriented Systems of Care (OROSC) – Angie Smith-Butterwick

- A. Prevention and Treatment Section
 - Pregnant and Parenting Women (PPW-PLT) – No update given
 - Center for Substance Abuse Treatment – No update given
 - Prevention Network – No update given
 - Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant – No update given
 - Office of Juvenile Justice and Delinquency Prevention (OJJDP) – No update given

** Below is a list of the evidence-based practices (EBP) that fall under OROSC – not all EBPs are reported on*

- a. Co-occurring Disorders – No update given
 - i. Motivational Interviewing
 - ii. Seeking Safety
 - iii. TREM
 - iv. CBT
- b. Opioid Projects – No update given
 - i. Strengthening Families Project
 - ii. Project Toward No Drug Abuse
 - iii. Botvin Life Skills
 - iv. Prime for Life
 - v. Medication Assisted Recovery Services
 - vi. DBT
 - vii. Mindfulness
 - viii. Acudetox/NADA Protocol
 - ix. Project Alcohol & Substance Abuse Services, Education & Referral to Treatment (ASSERT)
- c. Other Experience-based Projects (EBP) – No update given
 - i. Beyond Trauma
 - ii. Healing Trauma

The PRACTICE IMPROVEMENT STEERING COMMITTEE Meeting Minutes for September 2, 2021

- iii. Adolescent-Community Reinforcement
- B. Drop-in Centers – Drop-in Centers have survived the pandemic. A majority of them switched to offering virtual meetings. All of them were closed and are now in the process of re-opening. Members have been slow to rejoin due to concerns regarding health. However, the numbers are increasing. They have provided 8000 unduplicated individual services. There is a plan to do a survey to explore Diversity, Equity, and Inclusion to decrease barriers.
- C. Peer Services – No update given

Division of Quality Management and Planning (QMP)

- A. Community Practices and Innovation (CPI) Section – Brenda Stoneburner
If you are interested in a MIFAST visit please contact MDHHS-MIFAST@Michigan.gov
 - a. Assertive Community Treatment (ACT) –
ACT/IDDT MIFAST visits are currently on hold, partially due to staff shortages/not increase job tasks of prepping for visit and to give the MIFAST team a chance to review the processes.
 - b. Behavior Supports –
John Langlois shared that they completed 4 trainings on Writing Behavior Treatment Plans and have not provided any recent MIFAST.
 - c. Co-occurring Disorders (COD) – Michelle Boudreaux
None given.
 - d. Deaf Blind and Hard of Hearing (DBHH) – Charlyss Ray
Recent training completed by 20 participants on Deaf Culture/Substance Use. Typically there is only one referral for an individual who is deaf and needing substance use treatment every two to three months. Treatment is often not seen as deaf friendly. Hopefully, this training can continue to expand and increase treatment/engagement.
 - e. Dialectical Behavioral Therapy (DBT) – Michelle Boudreaux
The DBT Summit was just held. There were over 150 participants.
 - f. Family Psychoeducation (FPE) – Brenda Stoneburner
No update given
 - g. Improving MI Practices (IMP) www.improvingMIpractices.org – Brenda Stoneburner
Currently exploring ways to increase the number of trainings that can provide CEU's and MCBAP credits.
 - h. Level of Care Utilization System (LOCUS) – Jasmin White/Jean Pfaendtner
Jasmin and Jean shared their updates for trainings for the next fiscal year. Discussed having a cohort of monthly
 - i. Motivational Interviewing (MI) – Michelle Boudreaux
Finished MI College in July/August.
Motivational Interviewing Competency Assessment (MICA): Discussed new training offered to MI trainers/champions to explore how to increase competency/fidelity in Motivational Interviewing through audiotaping/coaching/feedback. Hoping to increase competency throughout the state.
 - j. Psychosocial Rehabilitation – Marty Alward
No update given
 - k. Services to Older Adults (OA) – Charlyss Ray
 - l. Supported Employment – Joe Longcor
IPS Summit was held and had around 150 participants with twelve breakout sessions. Seemed well received. Joe discussed that there are two newer programs that are looking at MIFAST reviews for IPS from Lapeer and Saginaw. He discussed that individuals are working an average of 15-16 hours in IPS. We have about 42% involved in IPS are employed which is close to the National average of 43%. There are monthly Power Hours and monthly IPS Supervisor's meetings that are well attended. Employment specialists are participating in chats to support what they are doing in the field.
 - m. Trauma MIFAST and Prolonged Exposure - Michelle Boudreaux
Completed this FY cohort and new cohort will start in October with Oakland Community Health Network for Prolonged Exposure will let CMHSP's know if there are available spaces.

The PRACTICE IMPROVEMENT STEERING COMMITTEE
Meeting Minutes for September 2, 2021

B. Federal Compliance Section – Belinda Hawks
No updates given

V. **Trauma Sub-Committee** – Mary Ludtke

The Trauma Sub-Committee will be sending out an electronic survey in late fall/early winter to explore how Trauma Informed Care is currently being implemented within the environment and what Trauma Specific Services are being offered. There have been 2 EMDR trainings that were completed.

VI. **Administrative Updates** – Belinda Hawks

Staff Shortages: The state is looking at ways to address retention and recruitment. There will be two groups starting up in September. One group will focus more on the financial aspect on how to stabilize the workforce. The other group will look at ways to relieve pressure via possible changes in policies, procedures, qualifications. There will be also a look to see what is happening nationally and how other states are trying to address these concerns.

VII. **Special Topic Presentation: Discussion of 2020 EBP Survey Results and Future Planning** – Michelle Boudreaux

The evidence-based practice (EBP) survey went out to the PIHP and CMHSP directors in November 2019

- The responses came back early to mid-December of 2019: 70 percent response rate received by CMHSPs with each region represented
- They were looking at other EBPs that were currently implemented; not currently implemented but was in the past; interested in implementing; and other EBPs that were not listed but widely spread across Michigan that could be implemented
- The department did create a summary of the survey results. Updated information was added to the results based on responses received since the last PISC meeting and resent to out to the committee.
- The department would like to take a look at the EBPs to start prioritizing them for FY22
 - We are looking at 2 but no more than 3 to start implementing and providing training on these EBPs around the state
 - Discussion took place regarding interests of new EBP's and/or trainings needed.
 - Brief Strategic Family Therapy was mentioned and was given high praises for changing lives and providing quality treatment.
 - There was a suggestion to allow senior clinician's in taking some responsibility with overseeing EBP's in lieu of supervisor to be able to offer more EBP for smaller agencies.
 - There was an inquiry about new EBP's for I/DD population and discussion of struggle because they aren't covered under the MHBG. There has been adaptations for DBT and I/DD. Joe Longcor mentioned that MRS/VOC have looked at Discovery – an evidence-based practice for employment for adults and youth with disabilities.
 - Discussion of needing ongoing TREM trainings.
 - Looking into Mindfulness evidence-based practices that could be helpful for staff and those we serve. Mindfulness Based Stress Reduction and Mindfulness Based Cognitive Behavior Therapy are two possibilities.
 - Please let us know if there are any other EBPs that are of interest in implementing first and email to Michelle at BoudreauxM@michigan.gov

**The PRACTICE IMPROVEMENT STEERING COMMITTEE
Meeting Minutes for September 2, 2021**

VIII. Questions or Other Information

Discussion of what participants would like from this meeting and what would capture their interest/excitement. Some members discussed bringing back short presentations/speakers of what is going on in the field.

Discussed seeing if UofM would do a presentation at the next meeting on the Medicaid Match Projects.

Adjourn

Meeting adjourned.

Next meeting scheduled for Thursday, December 2, 1:00 – 3:00 p.m.