

Michigan Mental Health Integration Partnership (MIP)

Fiscal Year 2022 Project Overview

Practice Improvement Steering Committee Meeting
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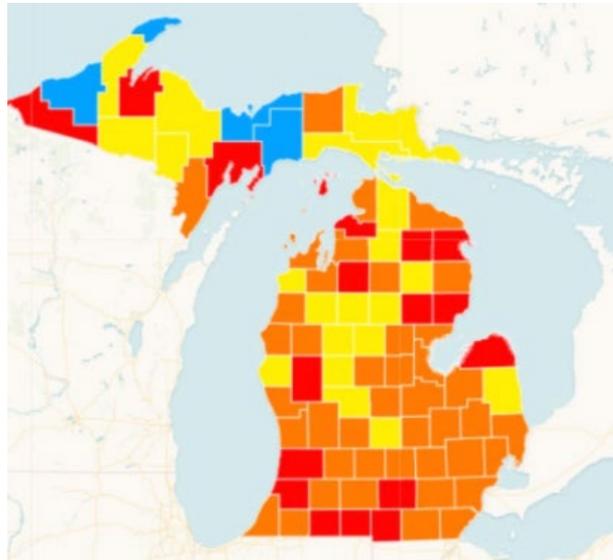
Michigan Mental Health Integration Partnership (MIP) U-M Medicaid Match Program

The mission of this project is to improve the lives of Michigan residents by supporting the scale up and spread of best practices that enhance access to integrated behavioral health care for consumers with behavioral health care needs.



Michigan Mental Health Integration Partnership (MIP) U-M Medicaid Match Program

In 2021, MIP projects trained 4,909 providers and 32,544 individuals (students, patients, service members, etc.) were served or engaged across 83 counties in Michigan.



Settings

- Primary Care Clinics
- FQHCs
- Middle and High Schools
- CMHs
- Hospitals

MIP Program Overview

MIP Structure

- 1 administrative core, 13 projects
- *1 additional project recently submitted under amendment 3 with a Spring FY22 start date.

MIP Leadership Team

- **Director:** Frederic C. Blow, PhD
- **Program Manager:** Shirley Terlecki, MS
- **Implementation Specialist:** Angela Tiberia, MPH

FY22 Project timeline

October 1, 2021 – March 30, 2022

FY22 MIP Projects Across U-M Departments



Improving Service Delivery for Michigan Mental Health

The MIP Leadership Team continues to work with PIs and project teams regarding **pre-implementation**, **implementation** and **sustainability** best practices across the projects.



Pre-implementation

- identification of barriers, assessing readiness, involvement of stakeholders, etc.

Implementation

- training providers on evidence-based programs, adoption of programs, outcomes monitoring, etc.

Sustainability

- financing, long-term monitoring of program success, etc.

3-Tiered Statewide School Mental Health Program

Principal Investigator: Elizabeth Koschmann, PhD

Status: Ongoing Project, Co-funded by Michigan Medicaid since 2014



Sites: Statewide (approximately 65 counties)

3-Tiered Statewide School Mental Health Program

TRAILS aims to increase access to evidence-based mental health services among school-aged youth by providing training, resources, and post-training implementation support to school staff.

FY22 Objectives

- Further embed TRAILS in schools across the state.
- Selected schools will include Detroit Public Schools Community District, and 5-10 ISDs utilizing State allocations and other grant funding to implement TRAILS.
- Provide data to support long term sustainment from stakeholders including the legislature, school districts, funding partners, and community leaders.

Enhancing and Sustaining the Michigan Child Collaborative Care Model

The MC3 program offers same-day psychiatry phone consultation/support to primary care providers in Michigan who are managing patients with behavioral health problems & provides opportunities for continuing medical education on behavioral health to PCPs state-wide.

Principal Investigator: Sheila Marcus, MD

Status: Continuing Project

Sites: All 83 counties in Michigan



Enhancing and Sustaining the Michigan Child Collaborative Care Model

FY22 Objectives

- Expand the reach of psychiatry consultation services
- Tailor education and training to address the post-pandemic mental health challenges for PCPs.
- Renewed emphasis on suicide training for PCPs, in order to address rising youth suicide rates.
 - Increasing numbers of children with suicidal ideation and intent are presenting at emergency rooms, and there is an inability to find levels of care to meet their need, resulting in discharge from emergency rooms back to PCPs.
 - In addition to providing consultation and education to PCPs, MC3 will provide substantive enhancements in suicide training, and provide coaching and consultation for PCPs to promote safety planning for suicidal patients.



Enhancing and Sustaining the Michigan Child Collaborative Care (MC3) Program (Flint and Genesee)

Principal Investigator: Sheila Marcus, MD

Status: Continuing Project

Sites: Flint & Genesee Counties



Enhancing and Sustaining the Michigan Child Collaborative Care (MC3) Program (Flint and Genesee)

FY22 Objectives

- Expand and enhance an innovative care model to provide support to primary care providers (PCPs) in the Flint and Genesee county regions who are treating pediatric (ages 0-26) and perinatal patients with behavioral health issues in Flint and Genesee county.
- The project will aim to meet the unique needs of lead exposed women and children in the region.
- In FY22 will continue these core services, expand the reach of psychiatry consultation, and tailor education and training to address the post-pandemic mental health challenges for PCPs.



Comprehensive MC3 for Moms Expansion

Principal Investigators: Maria Muzik, MD
Katherine Rosenblum, PhD

Status: Ongoing Project

Sites: State of Michigan



Comprehensive MC3 for Moms Expansion

FY22 Objectives

- Reach 100% of perinatal providers and increase enrollment by 15-20% and increase utilization of psychiatry consults by 15% - 20%.
- Implement technology-based screener, Mommy Check-up App, in 5 additional prenatal clinics with access to BHC for care coordination and brief interventions.
- Maintain regional web based perinatal resource list for referrals and interventions

The Washtenaw County Collaborative: Mitigating Trauma Impacts with Multimedia (aka: Using Multimedia to Deliver Trauma- Informed Care)

Principal Investigator: Kate Rosenblum, PhD
Maria Muzik, MD, MS

Status: Ongoing Project, 2019

Sites: Washtenaw, Wayne, Benzie, Mecosta,
Roscommon, Leelanau, Grand Traverse, Manistee,
Wexford, Alpena, Crawford, Charlevoix, & Antrim



The Washtenaw County Collaborative: Mitigating Trauma Impacts with Multimedia

The ultimate goal of this project is to expand on the opportunities granted by Zero to Thrive and expand reach, utilization, and effectiveness of the model through support of technology and ongoing coaching.

FY22 Objectives

- The Mom Power team will create on-line intervention scenarios (MP Intervene Emotion) that target and teach parents to support children's ability to regulate their emotions.
- These interactive on-line materials can be used by parents during session with their therapist (e.g., home visitor) or can be utilized as stand-alone support.

Implementing Self-Management Apps to Enhance Outcomes for Medicaid Consumers

Principal Investigators: Kelly Ryan, PhD
Shawna Smith, PhD

Status: Continuing Project

Sites: CMH and other community-based organizations; participants recruited from those sites may live all over the state of Michigan.



Implementing Self-Management Apps to Enhance Outcomes for Medicaid Consumers

The goal of the project is to encourage implementation and effectiveness of two innovative mobile apps (Life Goals and Priori) that use smartphone technology to enhance self-management support for individuals with bipolar disorder who are cared for in community-based practices.

FY22 Objectives

- Work with CMH providers to develop a dashboard for provider monitoring of patient app use, engagement, and symptoms.
- Evaluate acceptability, usability and appropriateness of dashboard with providers and patients.
- Work with sites offering apps to patients to implement the dashboard and evaluate provider adoption and implementation, and impact on patient outcomes

Infant and Early Childhood Assessment Learning Collaborative

Principal Investigator: Megan Julian, PhD

Status: Ongoing Project,
Started May FY21

Sites: State-wide (virtual)



Infant and Early Childhood Assessment Learning Collaborative

This project enhances the quality of care infants and young children receive for clinical mental health assessment in the community through providing additional training to community mental health providers and supervisors.

FY22 Objectives

- Conduct a needs assessment to guide decisions about learning collaborative characteristics and content offerings.
- Develop a core curriculum for the learning collaborative. Develop survey measures to track trainees' use of tools and strategies taught in the learning collaborative.
- Launch the learning collaborative with 15 community-based mental health supervisors.
- Apply for 1-2 grants to further support this project.

A Remote Incentive-Based Intervention to Reduce Cigarette Smoking

Principal Investigator: Lara Coughlin, PhD

Status: New Project

Sites: TBD, FQHC primary care clinic



A Remote Incentive-Based Intervention to Reduce Cigarette Smoking

This project will use an established, effective incentive-based treatment to promote smoking cessation through reinforcement in order to increase successful quit attempts and reduce smoking-related health disparities among Medicaid recipients

FY22 Objectives

- Collaborate with FQHC to implement a remote-delivery incentive-based intervention via small monetary incentives (uploaded to a debit card) for 1) weekly Quitline coaching sessions and 2) bioverified smoking cessation as an adjunct to usual, Medicaid-covered smoking cessation care.
- Evaluate implementation within the clinical site and conduct preliminary cost-benefit analysis of the remote incentive-based intervention to inform possible future MDHHS implementation.

Addressing Unmet Mental Health Need for Medicaid Consumers through Community Colleges

Principal Investigator: Shawna Smith, PhD

Status: Ongoing Project

Sites: Community colleges across Michigan



Addressing Unmet Mental Health Need for Medicaid Consumers through Community Colleges

The goal of the project is to improve access to evidence-based mental health treatments for depression/anxiety for individuals attending community colleges.

FY22 Objectives

- Assess current gaps in mental health access at Community Colleges and identify appropriate evidence-based mental health interventions.
- Test acceptability and feasibility of our tailored set of potential interventions to improve care for depression/anxiety, with community college students.
- Inform development of materials/strategies to support implementation of targeted evidence-based practices to share with Michigan's community colleges and other key stakeholders.



Interventions to Improve Adolescent-Centered Care in Behavioral Health Settings

Principal Investigator: Ellen Wagner, MPH, MS

Status: Ongoing Project

Sites: All Counties in Michigan

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Interventions to Improve Adolescent-Centered Care in Behavioral Health Settings

AHI will create a suite of new, evidence-informed, free and open-access resources on its website to improve clinical care, facilitate help-seeking behaviors among adolescents, and ultimately improve the behavioral and mental health of Medicaid-receiving young people.

FY22 Objectives

- Survey Medicaid-serving mental health clinicians to determine which training and quality improvement resources are most needed
- Design, develop, and pilot 3-5 interventions that meet these needs
- Disseminate the interventions.



Intervention to Increase Well Visits for Medicaid-Receiving Adolescents

Principal Investigator: Ellen Wagner, MPH, MS

Status: New Project

Sites: All Counties in Michigan

ADOLESCENT
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Intervention to Increase Well Visits for Medicaid-Receiving Adolescents

The U-M Adolescent Health Initiative (AHI) will develop a robust web-based quality improvement intervention to help Medicaid-serving health centers in Michigan increase adolescent well visits.

FY22 Objectives

- Develop a Maintenance of Certification Part IV (MOC-IV) quality improvement project for providers aimed at improving well visit rates for adolescents
- Make interventions available for free download on the AHI website and disseminate to health centers across Michigan through AHI's listserv and state networks.

Helping Michigan's Tiniest Babies Make Major Gains

Principal Investigator: Melissa Andersen, PhD

Status: Ongoing Project

Sites/Counties: Throughout Michigan but likely more concentrated in Lenawee, Livingston, Monroe, Oakland, Washtenaw, and Wayne counties based on the location of primary care pediatricians.



Helping Michigan's Tiniest Babies Make Major Gains

This project will prevent anxiety-based feeding disorders from developing in infants born with cardiac conditions. These infants are at very high risk for severe feeding disorders and long-term feeding tube dependency and requiring intensive and costly behavioral health intervention to resolve.

FY22 Objectives

- Expand an integrated, interdisciplinary, evidence-based inpatient infant feeding program to infants born with cardiac conditions.
- Expand an interdisciplinary outpatient infant feeding follow-up clinic to infants with cardiac conditions.
- Contact health systems across the state of Michigan to disseminate outcomes and strategies from this program.

Summary & Future Directions

- MIP programming provides unique opportunities to enhance the range of mental health and addiction services shown to be effective for Medicaid recipients in the State.
- MIP leadership and project teams continue to work with the State to align project objectives with State priorities and to inform strategies for implementation and sustainability of innovative services that serve vulnerable populations.



Project questions and/or additional information contact us at:

MIPLeadership@med.umich.edu