

# Co-occurring Disorders (COD) Leadership Committee Statewide Meeting November 21, 2024

**Meeting Participants:** Allysa Pennington, Cindy Eckert, Dante Jennings, Ecole Brooks, Heidi Wale Knizacky (Presenter), Lena Houston, Liz Cunningham, Lorianne Fall, Mary Baukus, Michelle Boudreaux – Chair, Mickey Knoch

## Welcome and Introductions

Welcome and introductions were made.

**Review of Previous Minutes** – Go to [www.improvingMIpractices.org](http://www.improvingMIpractices.org).

## Organizational Fidelity to Motivational Interviewing (MI) Michigan Fidelity Assistance Support Team (MIFAST) - Heidi Wale Knizacky

- Heidi did a power point presentation on the new fidelity MI MIFAST tool. The department has finished the pilot study for the tool and are finishing a manual on how to use it. Michelle is planning on doing a presentation on the study at the next meeting.
- Items/Subscales in the pilot tool are the General Organizational Index (GOI) and Indicators of Fidelity (IF).
- Heidi went over the pilot overview with the five sites (seven programs) with:
  - Western Michigan
  - Hegira
  - CEI (two programs)
  - Pivotal
  - Kalamazoo (two programs)

## MDHHS Updates

### Upcoming Trainings

Michelle went through the upcoming FY25 planned trainings with the committee.

- The 2<sup>nd</sup> Annual Trauma Summit. It will be held on December 5 – 6, 2024, at the Hilton in Grand Rapids. The summit will expand from last year's 100 participants to 250 and will feature keynote speakers focusing on trauma and equity.
  - The department is excited about offering another summit to cover many aspects of trauma.
  - The funding for the summit will be provided from SUD American Resue Plan Act (ARPA) and the federal mental health block grant funds.
- Back to the Basic COD webinar series is continuing for up to three trainings.
  - The series will be starting in January and is 2-hours and cover different topics.
    - Some of the modules are: nicotine research, cannabis, opioids, alcohol, bi-polar, schizophrenia, and more.
- Basics for COD Assessments will be offered a few times.
  - The department is looking at adding an advanced training utilizing Motivational Interviewing.
  - Suggestions for the advanced training: supporting clinicians on how to write an integrated assessment. Incorporating the screening tools, information gathered, addressing all co-morbidities such as: mental health, substance use, and physical health, and making meaningful recommendations in a succinct manner.

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- Integrated Dual Disorder Treatment Introduction (IDDT) 101 and 201 trainings will be offered for the second quarter of FY25.
  - The virtual IDDT 101 training will be offered on December 16, 2024, February 6, March 21, April 24, and July 14, 2025.
  - The virtual IDDT 201 training will be offered twice in FY25.
    - The department is going to be breaking that down in to more advanced topics series which will be half day workshops.
- Basic Cognitive Behavioral Therapy (CBT) 101 will be held and an advanced CBT 201 is being worked on.
- Cognitive Processing Therapy (CPT) will be held three times and are planned for November, February, and May or June.
  - The two departmental trainings for trauma historically have been Prolonged Exposure and EDR.
  - CPT has a different focus on different ways of working through trauma.
  - The first CPT (virtual) will be offered January 23 & 24 and comes with two books.
- Contingency Management Training will also be offered again.
- The 2<sup>ND</sup> Annual 2-Day Assertive Community Treatment/Integrated Dual Disorder Treatment (ACT/IDDT) Summit will be held on May 1-2, 2025, in Lansing.
  - A series of workshops are planned, and a save the date flyer should go out in December then the summit brochure will go out in January/February.
  - It will be open to 250 practitioners.

***To register for trainings, go to [Conferences & Training • Community Mental Health Association](https://cmham.org) (<https://cmham.org>).***

### **Future Agenda Items**

Please email agenda items to Michelle Boudreaux via email at [BoudreauxM@Michigan.gov](mailto:BoudreauxM@Michigan.gov).

### **Future Meetings**

February 20, 2024, 2:30- 3:30 p.m.