

The Practice Improvement Steering Committee

Meeting Minutes for June 1, 2023

Group Members Present

Ambrosia Jackson, Amelia Fonger, Amy Cowper, Amy Heincelman, Angie Smith-Butterwick, Brenda Stoneburner, Brittany Pietsch, Cathy Hart, Charlyss Ray, Christine Mieloch, Deb Willard, Deirdre Laney-King (Presenter), Ebony Levy, Ecole Brooks, Jasmin White, Jean Pfaendtner, Jill Blackson, Joe Longcor (Presenter), Jody Lewis, Josh Snyder, Kate Motley, Kathy Fitzpatrick, Katie Postmus, Kelly France, Laura Conrad, Leslie Styer, Luann Gray, Lyndia Deromedi, Mary Baukus Michelle Boudreaux (Host), Rebecca Boss, Rita Subhedar (Presenter), Sura Shlebah (Presenter), Sydney Larsen, Teresa Tokarczyk, Timothy Kelly

I. Welcome and Introductions

Michelle Boudreaux called the meeting to order, and introductions were made.

II. Review of Minutes

There were no changes, or updates to the minutes from March 2, 2023, meeting.

III. Division of Adult Home and Community-Based Service Updates – Brenda Stoneburner for Belinda Hawks

Leadership Changes

Meghan Groen is the new Senior Deputy Director for the Behavioral and Physical Health and Aging Services Administration (BPHASA).

- She started about a week and a half ago.
- Farah Hanley is still the Senior Chief Deputy Director of Health.

Jeff Wieferich, Director of the Bureau of Specialty Behavioral Health Services, is moving on to another position within the State Hospital Administration.

- The bureau director position is vacant and has been published on [NEOgov.com](https://neogov.com).

Department Press Release

The Michigan Department of Health and Human Services (MDHHS) issued a press release about hosting and sponsoring some listening/feedback sessions on direct care and behavioral health services.

- Direct Care Worker Discussion Group – Tuesday, June 6, 6:30 – 8 p.m.
- Behavioral Health Discussion Group – Wednesday, June 7, 3:30 – 5 p.m.
- Consumer Discussion Group – Thursday, June 8, 1:30 – 3 p.m.
- Statewide Feedback Session – Wednesday, June 14, 2 – 4 p.m.

**** The first three discussion groups are being limited to 20 people and you do need to register for them. The release will be forwarded to the committee.***

IV. Community Mental Health Association of Michigan

No updates were given.

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V. Special Topic Presentations:

Michigan Medicaid Recovery Incentives (RI) Pilot Presentation – Rita Subhedar

Rita shared a PowerPoint of the Michigan Medicaid Recovery Incentives (RI) pilot with the committee.

- The department will be identifying PIHPs who are interested in participating in the pilot. The PIHPs will then work with their provider networks and identify the providers that will offer these services.
- In order to be eligible, you will need a diagnosis of stimulant use disorder (StimUD) or opioid use disorder (OUD). You can have multiple diagnoses, but one needs to be StimUD or OUD.
- Primary stimulant substances of misuse include cocaine and methamphetamine.
- The department hopes to launch the 2-year pilot by October of 2024 and conclude it by 2026.
- Please reach out to either Rita Subhedar via email at SubhedarR1@Michigan.gov or Michelle Boudreaux at BoudreauxM@Michigan.gov with additional comments or feedback.
- The committee will be sent out the PDF.

MI.db101.org – Joe Longcor

Joe shared the web-based estimator content area that provides a ton of information on disability benefits. Joe shared his screen with the committee.

- The website was launched in 2008.
- This is a Michigan specific website for working or individual's considering working and wondering about what will happen to their benefits such as SSI, SSDI, Freedom to Work Medicaid and other eligibility categories.
- There has been modest growth over the years adding students, Freedom to Work, and a Veteran's estimator.
- The website has over 20 content areas and 14 short videos ((under 5 minutes). informative videos.
- Estimators plus you can ask to talk to a Benefit 2 Work (B2W) coach by hitting the Help button.
- Please contact Joe Longcor via email at LongcorJ@Michigan.gov with any questions.

Children's Therapeutic Foster Care (CFTC) and Treatment Foster Care Oregon (TFCO) – Sura Shlebah and Deirdre Laney-King

Sura and Deirdre presented on the CFTC and TFCO to the committee.

- The sites are certified in an age range - the current sites that they have up, and running are all the Childhood Model: Children served ages 7–11-year-olds with a few 12-year-olds.
- If you have any questions please contact Sura Shlebah via email at ShlebahS@Michigan.gov or Deirdre Laney-King at daking@med.wayne.edu.
- The committee will be sent out the PowerPoint.

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VI. Evidence-Based Practices and PISC Subcommittee Updates

Bureau of Children's Coordinated Health Policy and Supports – Division of Program and Grant Development and Quality Monitoring – Kim Batche-McKenzie

- A. Evidence-Based and Evidence-Informed Practices (EBP) for children, youth, and families.
- a. Parent Management Training-Oregon (PMTO) & Parenting Through Change (PTC) Updates – Luann Gray
 - i. Parenting through Change (PTC) learning collaborative is coming up which will be a blend of hybrid: the virtual days (only being half days); and in-person training.
 - This gives them the opportunity to train it both ways: virtual and in-person.
 - ii. The My Parent Resource for PMTO is a web-based resource for three skills that are trained for all parents in the state.
 - It is a website for all parents, and you do not have to be in a CMH (i.e., a neighbor could use it).
 - They are looking at getting the website subtitled in Arabic and Spanish.
 - They have eight parent professionals so if you are within an agency and know of a parent who would like to do the training to contact Luann Gray via email at LGray@iskzoo.org.
 - b. Children's Trauma Initiative – Amy Cowper
 - i. The Children's Trauma Initiative oversees a number of EBPs: Trauma Focused Cognitive Behavioral Therapy (TFCBT); Child Parent Psychotherapy (birth – 5 years-old); some evidence informed work such as caregiver education (Parents raising children that have experienced trauma); and Dialectical Behavior Therapy (DBT) for Adolescents.
 - The broad update is they are running all of those EBPs.
 - They just launched the TFCBT 34th learning collaborative which started yesterday.
 - ii. Children's Trauma Initiative
The state website is being released shortly.
 - Initially it will be more like a front page and eventually more like a library for resources and learning collaborative participants can complete their paperwork.
 - For more information please contact Amy Cowper via email at Cowper@ceicmh.org.
 - iii. Child Parent Psychotherapy
The next cohort will be a year from now.
 - The department is intentionally holding off on the Child Parent Psychotherapy because the Infant Mental Health Home Visiting is launching now.

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- The department does not want the two cohorts to be overlapping because it is pulling from the same group of children mental health clinicians.
- iv. DBT for Adolescents
The third cohort is being launched and applications are now closed.
 - Partnering with Alec L. Miller, PsyD, (one of the developers of the EBP) on at least one round with them.
- v. Annual Conference for Learning Collaborative (graduates only)
The conference will be in East Lansing this fall.
 - If you have clinicians or leaders who have completed their learning collaborative expectations and are wanting to attend please look for the registration information to come out around the third week of June..
- c. Fetal Alcohol Spectrum Disorders (FASD) Announcements – Kathy Fitzpatrick
 - i. Introduction to FASD (like a 101) virtual training will be June 27 and 29, 2023, she put the registration information in the chat box.
 - The training is open to anyone who is interested in learning more about FASD.
 - ii. They have expanded their FASD training to now include a training called FASD Back to the Basics (like a 201).
 - This is a more advanced training about the topic of FASD and digs a little deeper into the details.
 - There is a training coming up August 22 and 24, 2023.
 - Introduction to FASD is the prerequisite then back-to-back with the Back to the Basics training.
- d. Motivational Interviewing (MI) for Adolescents – Kathy Fitzpatrick
 - i. New cohort (8) starts in August, and they are getting a good response from CMHs in bringing teams to learn about MI for Adolescents.
 - ii. For more information about any of this, please contact Kathy Fitzpatrick via email at FitzpatrickK5@Michigan.gov.
- e. Infant Mental Health Home Visiting – Kathy Fitzpatrick
 - i. A learning collaborative started in March and is currently underway.
 - ii. There are six CMHs involved and is focused on children prenatal to 3 years old.
- f. Infant and Early Childhood Mental Health Consultation – Kathy Fitzpatrick
 - i. This is expanding with additional funding from the Department of Education.
 - ii. They have brought on new staff to handle the additional funds.
 - iii. For more information, please contact Mary Ludtke via email at LudtkeM@Michigan.gov.

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Bureau of Community Based Services - Division of Adult Home and Community Based Services

A. Community-Based Practices and Innovation (CPI) Section Evidence-Based and Evidence Informed Practices for Adults – Brenda Stoneburner

a. Improving MI Practices (IMP)

The IMP website has had a few updates within the recent months.

- i. There are now 54 thousand users which is up from 15 thousand a little over a year ago.
- ii. The website is now able to host an indefinite number of users.
- iii. Modules have been updated and the number of CEUs offered were increased.
- iv. There is a lot more information for substance use professionals, and overall evidence-based practices have been added as well as resources.
- v. The department has been contracting with different content experts to review the current material or create new material for IMP.
 - This is all based on the environmental scan that was done about a year ago.
- vi. The website itself has been upgraded and reformatted for an easier user experience.
- vii. There is an agency course package coming soon.
 - Agency's can create their own package of modules from the site that they want to assign to staff and have them take as part of their own onboarding practice.
 - That will come with an annual option where the supervisor and staff person will be notified when that is 30 days out.
 - The supervisor is notified when completed and the employee can scan or print off the certificate and put it in their employee file/training folder.
 - The link to the website is [Improving MI Practices](https://improvingmi.practices.org). (ImprovingMIpractices.org).

b. Motivational Interviewing (MI) – Michelle Boudreaux

They just finished their first cohort on MI Train-the-Trainer.

- i. Once they complete the Train-the-Trainer, they can join the MI Learn and Share group (meetings held quarterly).
- ii. If you or someone you know wants to join, please contact Michelle Boudreaux via email at BoudreauxM@Michigan.gov.
- iii. Looking at a request from the cohort group on providing further training on coding and feedback material related to helping with increasing the competency for MI.
- iv. The department is looking at providing further advanced training for the trainers in the beginning of the next fiscal year 24.
- v. They just started the second cohort for Train-the-Trainer.
- vi. Further technical assistance is available for the trainers by providing in-house MI.

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- c. Technical Assistance Visits for EBPs
Everyone in the section that oversees Mental Health Block Grant projects have started to schedule their technical assistance (TA) visits.
 - d. MIFAST Teams
The majority of MIFAST visits are also now getting scheduled and back in rotation to have on site visits.
- B. Substance Use Disorder (SUD) Treatment Section – Angie Smith-Butterwick
- a. Co-Occurring Disorders (COD) and SUD Conference
Angie commented the dates changed for the COD & SUD Conference to September 11 -12, 2023 with the preconference on September 10, 2023.
 - i. There is an in-person and a virtual option and like last year there will only be two potential sessions for virtual options.
 - ii. If you have any questions, please contact Angie Smith-Butterwick via email at SmithButterwickA@Michigan.gov.
 - iii. To register go to www.CMHAM.org and click on the Quick Link: Conferences, Trainings, and Events.
 - b. SUD Trainings
There are currently a lot of trainings going on, but they are primarily for their discretionary grants i.e., Prescription Drug Overdose, Partnership for Success, and the Parenting Women's Pilot.
 - c. SBIRT Grant
They just received a new SBIRT grant that they will be starting shortly.
- C. Federal Compliance Section – Lyndia Deromedi
- a. Waiver Renewal Process
The 1915C waivers are up for renewal and need to be renewed by October 1, 2025.
 - i. The Center for Medicare and Medicaid Services (CMS) has asked the department to offer feedback sessions from community partners, PIHPs, CMHs, and individuals served.
 - ii. The department held the first feedback session at the Self-determination Conference last week.
 - iii. There will be more feedback sessions held and those will be virtual with one at the end of June, one in July, two in August, and three in September.
 - iv. Michelle will share the dates with the committee once they are set..
 - b. PCP Policy (draft) Update
Lyndia thanked the committee for their participation in the PCP Policy (draft).
 - i. The changes have been introduced to the PIHPs and she is unsure if the contract area was able to get it out to the CMHs.
 - ii. Please take a look at it and let the department know if you have any feedback.
 - iii. If you have any questions, please contact Lyndia Deromedi via email at DeromediL@Michigan.gov.

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VII. Trauma Sub-Committee – Michelle Boudreaux

No updates for the Trauma Sub-Committee.

New Trauma Summit

The new Trauma Summit (2-day) will be on December 7 - 8, 2023.

- The department is looking at a plenary speaker, presentations, and topics are welcome or any feedback.
- The department is looking at having nine breakout sessions.

VIII. Additional Trainings/Topics Requested by the Committee

Luann Gray mentioned a presentation on Parenting Through Change.

- If you have any concerns or future agenda items, please contact Michelle Boudreaux via email @ BoudreauxM@Michigan.gov.

VIII. Adjourn

Michelle adjourned the meeting.

The next meeting is scheduled for Thursday, September 7, 2023, 1:00 – 3:00 p.m.