

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

Group Members Present

Adam Hamilton, Amelia Fonger, Belinda Hawks, Brittany Pietsch, Brenda Stoneburner, Brittany Pietsch, Carrie Chanter, Charlyss Ray, David Yusko (Presenter), Debra Willard, Emily Malcoun (Presenter), Katie Baxter, Jean Pfaendtner, Jennifer Keilitz, Jody Lewis, Joe Longcor, John Langlois, Josh Snyder, Katherine Fitzpatrick, Leslie Pitts, Leslie Styer, Marie Jones-Watts, Mary Baukus, Matthew Seager, Michelle Boudreaux (Host), Sarah Bowman, Teresa Tokarczyk, Tom Seilheimer

I. Welcome and Introductions

Michelle Boudreaux called the meeting to order, and introductions were made

II. Review of Minutes

There were no changes, revisions, or updates to the minutes from December 2, 2021, meeting

III. Administrative Updates - Matt Seager

Matt talked about the Quality Improvement Council (QIC) is for any quality initiatives coming out of BHDDA

- A. The intent is for the initiatives to be shared at the council and it is an opportunity to make sure the audience, which is the leadership as far as PIHP, CMHSP, and advocates with some beneficiaries eventually added to the council so they are aware of the important quality related projects that are going on
- B. The council gets updates from the leadership of BHDDA, and the work groups also get an opportunity to share what they have been up to as well

IV. Community Mental Health Association of Michigan

No updates

V. Overview Presentation of Prolonged Exposure - Emily Malcoun and David Yusko

Emily and David showed a PowerPoint presentation and video clips on Prolonged Exposure (PE) and answered questions from the committee

VI. Evidence-Based Practices and PISC Subcommittee Updates

Mental Health Services to Children and Families Division – Kathy Fitzpatrick

A. Innovative Services Section

a. Children's Trauma Initiative

- i. Trauma Focused Cognitive Behavioral Therapy
- ii. Child Parent Psychotherapy

b. Fetal Alcohol Spectrum Disorder (FASD) Initiative

No update

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

- c. SED / NDD Families Moving Forward and Children's Friendship Training – They started the cohort 5 for Families Moving Forward working with FASD strengths and strategies
 - d. Motivational Interviewing for Adolescents
They are finishing up with the second cohort right now and will have another learning cohort in the fall
 - i. These are for clinicians that work with children and their families with consultation calls for 6 months
 - ii. In 2023, they plan on having 3 cohorts
 - e. Parent Management Training Oregon (PMTO), Parenting Through Change (PTC), and Parenting Through Change for Reunification (PTC)
 - f. DBT for Adolescents (FY21)
 - g. Infant Mental Health Home Visiting – Evaluation Outcomes
 - h. Infant and Early Childhood Mental Health Consultation in Childcare Settings
 - i. Measuring Outcomes for Children and Families-CAFAS, PECFAS, DECA
- B. Healthy Transitions Project
 - C. Wraparound Services
 - D. Treatment Foster Care – Oregon (TFC-O)

Office of Recovery Oriented Systems of Care (OROSC) – Angie Smith-Butterwick

No updates

** Below is a list of the evidence-based practices (EBP) that fall under OROSC – not all EBPs are reported on*

- a. Co-occurring Disorders
 - i. Motivational Interviewing
 - ii. Seeking Safety
 - iii. TREM
 - iv. CBT
- b. Opioid Projects
 - i. Strengthening Families Project
 - ii. Project Toward No Drug Abuse
 - iii. Botvin Life Skills
 - iv. Prime for Life
 - v. Medication Assisted Recovery Services
 - vi. DBT
 - vii. Mindfulness
 - viii. Acudetox/NADA Protocol
 - ix. Project Alcohol & Substance Abuse Services, Education & Referral to Treatment (ASSERT)

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

- c. Other Experience-based Projects (EBP)
 - i. Beyond Trauma
 - ii. Healing Trauma
 - iii. Adolescent-Community Reinforcement
 - iv. TF-CBT
- B. Drop-in Centers
- C. Peer Services

Division of Quality Management and Planning (QMP)

- A. Community Practices and Innovation (CPI) Section
 - a. Assertive Community Treatment (ACT) – Brenda Stoneburner
The ACT and IDDT MIFAST visits are still on hold however if you need any technical assistance or support to reach out via email to MDHHS-MIFAST@michigan.gov
 - b. Behavior Supports – Price Pullins
No update given
 - c. Co-occurring Disorders (COD) – Michelle Boudreaux
Michelle stated they have started their COD trainings mostly related to IDDT which can include individual's on IDDT teams, agency's that want to start IDDT teams, or if they have ACT/IDDT
 - i. This week they have their IDDT 101, and March 7 and 9 is the Advance Assessments and Motivational Interventions
 - a. All the trainings are posted at [Community Mental Health Association of Michigan \(CMHAM\)](#)
 - ii. They have 6 – 8 trainers currently develop new trainings for IDDT to support the ongoing education and current topics and trends that are coming up
 - a. If there are certain areas that you would like covered in those trainings to reach out to Michelle at BoudreauxB@michigan.gov
 - b. The department's goal is to have quarterly trainings so people can sign up for on a regular basis for new people coming in and an annual refresher
 - d. Deaf Blind and Hard of Hearing (DBHH) – Charlyss Ray
Charlyss (MDHHS) and Dillon (DEAF C.A.N.!) did a presentation for My Health Link on deaf culture but they also looked at concerns for DBHH related to healthcare and the challenges that occur in their life
 - e. Dialectical Behavioral Therapy (DBT) – Michelle Boudreaux
The department also has DBT Foundational training with Behavioral Tech for trainers on April 13 and 14, 18,19,20 will be their first series and it will be offered again in May and August
 - i. It is lengthy on the registration

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

- f. Family Psychoeducation (FPE) – Brenda Stoneburner
Brenda indicated FPE is moving forward in terms of trainings scheduled and dates set more for agencies, but the statewide trainings will be coming up as well
- g. Improving MI Practices (IMP) www.improvingMIpractices.org – Brenda Stoneburner
Brenda wanted to thank everyone who has provided information and insight on trainings and courses for the department to consider moving forward
 - i. The department is looking at getting additional courses up on IMP with some on COD, and other areas that have been identified as important areas and encourages everyone to look at the site
 - i. Please email Brenda at StoneburnerB@michigan.gov with any feedback or questions
- h. Level of Care Utilization System (LOCUS) – Jean Pfaendtner
Jean said they are continuing to do virtual MIFAST reviews
 - i. Train-the-Trainer LOCUS cohort which started back in November
 - ii. They have participation from all PIHPs with 42 enrollees with about 30-35 in attendance the first Friday of the cohort meetings which consist of new and existing LOCUS trainers
 - iii. Every month they cover a new topic on how to train the LOCUS and it is going very well
- i. Motivational Interviewing (MI) – Michelle Boudreaux
The Motivational College is also provided on a quarterly basis for adults with a serious mental illness (SMI) and/or COD: MI Basic, MI Advanced for Supervisors, and MI for Leadership and Organizations with the next training coming up in April and then July
 - i. They are in the process of developing a MI Train-the Trainer
 - ii. There is a training coming out on how to use MI in conjunction with other EBPs
 - iii. There are also MI courses on Improving MI Practices and there has been recent changes to those courses and when registering you may be asked if you live in Michigan, which are free to residents however other states there may be a charge to take the courses
- j. Psychosocial Rehabilitation – Marty Alward
No update
- k. Services to Older Adults (OA) – Charlyss Ray
Charlyss will be attending the 2022 American Deafness and Rehabilitation Association (ADARA) Conference on March 13 - 17

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

- I. Individual Placement and Supports/Supported Employment – Joe Longcor
 - i. IPS Report - The FY 21 Evidence-Based Practice Individual Placement and Support (IPS) Report is completed and post on the MDHHS BHDDA Spotlight page at [MDHHS - FY 21 IPS Report](#) link
 - 1. It was a successful year even though we faced COVID last year
 - 2. The first quarter data for FY22, they hit the highest employment rate since they have been collecting the data of the last 4 to 4 ½ years - it was over 44%
 - 3. Compared to other numbers in the CMHSP reports for SMI which ranges anywhere from 17-18% when not using the IPS model
 - ii. IPS International Learning Community Conference
 - 1. Joe is pleased to be part of the International Learning Community since 2017
 - 2. The conference will be held May 3 - 4, 2022 by invitation only
 - 3. They selected Michigan this year to host the event in Detroit
 - 4. The conference will have 22 – 25 states and perhaps 6 countries join us
 - iii. Dispelling Benefits-To-Work Myths with Tracy Howard
 - 1. Joe also mentioned a free training that is not an EBP but a useful tool “Dispelling Benefits-To-Work Myths”, for the following date:
 - a. March 23, 2022, 9 – 12 p.m.
 - b. April 6, 2022, 1 – 4 p.m.
 - c. April 26, 2022, 9 – 12 p.m.
 - iv. IPS and Motivational Training
 - 1. Michelle and Joe will be developing a new training for employment specialists for MI and IPS so that will be coming up soon
 - m. Trauma MIFAST and Prolonged Exposure - Michelle Boudreaux
 - Late spring to summer there will be a Prolonged Exposure training which will focus on individuals with COD and one on Prolonged Exposure and DBT
 - i. They are still waiting for the DBT/PE manual to come out and that one will be for individuals who are using DBT services
- B. Federal Compliance Section – Belinda Hawks
 - No updates given

VI. Trauma Sub-Committee – Colleen Jasper

No update given

The Practice Improvement Steering Committee

Meeting Minutes for March 3, 2022

VII. Additional Trainings/Topics Requested by the Committee

- A. Marie Jones-Watts suggested an additional IDDT training for ACT/IDDT teams on tips and tricks to reengaging consumers for in-person groups following the pandemic
- B. Charlyss Ray would like to do a presentation at the next meeting on the 2022 American Deafness and Rehabilitation Association (ADARA) Conference
- C. Katie Baxter asked about peer development and peer mentoring advice/training
 - a. Charlyss mentioned contacting Tracy Vincent at the DDI Council
 - b. Her email is VincentT1@michigan.gov

VIII. Adjourn

Michelle adjourned the meeting

Next meeting scheduled for Thursday, June 2, 2022, 1:00 – 3:00 p.m.