## DBT Leader's Statewide Conference Call Meeting Minutes April 11, 2022

Topic	Discussion	Follow-Up
Introductions		•
Mindfulness	-Gwen led mindfulness	
MIFAST Update	-Technical assistance and support is available through the MIFAST process -Team consultation support is available as well	
Update on Trainings	-Foundational training begins this week Wednesday Through Friday and next week Monday and Tuesday -Could email Michelle if want to still send participants to this training -Bring textbook and slides to the training -The next foundational training will be in May -A one day mindfulness training will be provided sometime during this fiscal year. Dates TBDWorking on a cognitive based mindfulness training with U of M -DBT prolonged exposure training is available. Two persons per team. If need more, email Michelle.	
DBT Summit	-Not scheduled at this time -Ideas for topics shared	

ImprovingMIpractices Website	-Nothing new to report	
Resource/Idea Sharing	-None	
DBT Individual Team Report	-Reports from each team were provided	
Education	-None provided	
Next Meeting	June 6, 2022 10-11:30	