CMHAM
State Training Guidelines Workgroup
Training/Curriculum Recommendations

The intent of this Training Guideline is for the development and presentation of training content. Curricula based on this guideline will contribute to statewide training quality, uniformity, and reciprocity.

Updates to guides will be communicated through the State Training Guidelines Workgroup to the PIHP Leads/CEO's. It is the responsibility of the PIHP to communicate when a guide has been updated and placed on Improving MI Practices

Topic: Cardio-Pulmonary Resuscitation (CPR)

Defining Paragraph (*Vision, Boundaries, Overall Outcome Statement*): This course covers the basic skills for Cardio-Pulmonary Resuscitation including checking a conscious or unconscious victim, conscious choking, CPR (currently 30-2) and unconscious airway obstruction as determined by certifying organizations (American Red Cross, American Heart Association, American Health and Safety Institute or National Safety Council) recommended.

Definitions

Content – These are a listing of the areas covered in the subject.

Outcomes/Competencies – These are statements about what participants will be able to do as a result of having participated in the course.

Outline – A suggested approach to meeting Outcomes/Competencies. These three are interrelated, but not necessarily a one-to-one relationship.

Content: Click or tap here to enter text.

1. Define and review life threatening situations and how to respond
2. Current skills associated with Cardio-Pulmonary Resuscitation
3. Automated External Defibrillator (AED) would be recommended

Outcomes/Competencies: Click or tap here to enter text.

1. Recognize a life-Threatening situation

2. Follow the Emergency Action steps as defined by certifying organization
3. Demonstrate the care needed for a conscious choking victim
4. Demonstrate CPR skills appropriate to population being served
5. Demonstrate the care for an unconscious victim with an obstructed airway
6. Recommended- Demonstrate appropriate use of AED

Outline/Recommendations: Click or tap here to enter text.

1. Course outline is determined by the certifying organization
2. If CPR training is completed on-line, an in-person skills assessment must also be completed for the training to be valid. In-person skills assessments must be done face-to-face. They cannot be completed via webcam ow with a digital mannequin. The in-person skill assessment must be administered by one of the certified organizations

Trainer Qualifications
Check all that apply, be specific (years, degree, skills, etc.)
☐College Degree: Click or tap here to enter text.
☒License: Click or tap here to enter text.
☐Years' experience (Please specify): Click or tap here to enter text.
☐Documented Skill Set: Click or tap here to enter text.
☐Training Experience: Click or tap here to enter text.
☐Training Experience: Click or tap here to enter text.
☐Trainer in Adult Learning Styles/Methods
☒Other: Certified as a trainer by a nationally recognized CPR/FA organization

Length of Training: 3-4 hours (dependent of course size and consistent with certifying organizations standard) 1-3 hours on-line. Must be accompanied by an in-person skill assessment.

Format
The acceptable format(s) for the class.

☒Blended Learning (Online + Instructor led) – Recommended for initial format
☒Instructor Led class – recommended format for initial training
☐Instructor led webinar – refresher
☐Online Course – refresher
☐Other (specify Click or tap here to enter text.

Training Name: Cardio-Pulmonary Resuscitation (CPR)
Date: 11/2022

Teaching Methods
These are the best teaching methods for teaching course content. Additional methods may also enhance learning.

☒Individual
☒Classroom/group
☒Lecture
☒Group discussion
☒Skills practice
☒Return demonstrations
☒Activities
☒Videos, supplemental to other teaching methods
☒Online activities
☐Individual assignments
☐Homework assignments
☐Case Study
☐Other (specify Click or tap here to enter text.

Method of Assessment
How to measure entry-level competency in this course.

☒Written Test with Performance Indicator 80%
☒Return Demonstration with Performance Indicator Pass/Fail%
☒Online Test* with Performance Indicator 80% (must have an in-person skill assessment)
☐Skill Sheet with Performance Indicator Click or tap here to enter text.%
☐Other: Click or tap here to enter text.

Online test encompasses review questions anchored within the training and/or online test after the class

Scope of Implementation
Training recommended for:

☒Specialized Residential direct care staff/home managers
☒Specialized Residential Administrators
☒Community Living Supports (CLS)

☒Pre-Vocational Skill Building / Supported Employment (i.e., competitive employment, volunteer)
☒Non-Vocational Skill Building
☒Supported Living Staff
☒Adult Foster Care staff
☒Respite Service staff
☒Self-Determination staff
☒In-home service staff
☒Foster family group home staff
☐Child-caring institutions (children's group home) staff
☒As identified in the individual's Person-centered plan
☐Other employee group (specify Click or tap here to enter text.

Frequency
It is recommended the content be reviewed and retaken.

☒Initial and as needed (re-certification identified by certifying organization)
☐Initial and annually
☐Initial and every two (2) years
☐Initial and every three (3) years
☐As directed by Individual Plan of Service (IPOS)
☐As needed
☐Other: Click or tap here to enter text.

Additional Comments: Updates as required by certifying organization and regional requirements. Can be taught in conjunction with First Aid. A certification from an accrediting body must include a return demonstration as part of successful completion.

References/Legal Authority

1. MCL 400.710(3)
2. MHC R301.1801 et seq.
3. American Red Cross
4. American Heart Association
5. National Safety Council
6. American Health and Safety Institute
7. Prevailing State Guidelines and Practice Protocols

Note: If training is for an adult foster care, facility/home-adult foster care staff must also comply with the adult foster care administrative rules. In addition, in those situations where the contents of training conflict with an administrative rule, the rule prevails.