

DBT Leader's Statewide Conference Call Agenda
December 19, 2022

| Topic | Discussion | Follow-Up |
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| Introductions | - Introductions were made | |
| Mindfulness | - Gwen led mindfulness | |
| Introduction: Holly Cranmer-Fosdick, Mary Ludtke Bureau of Children's Coordinated Health Policy and Supports | - Holly gave the group information on what they are doing regarding DBT and Adolescent Collaboration. - Someone from their section will start attending meetings. | |
| MIFAST Update | Discussion of potential site visits, need for TA. - No cost for consultation. | - Julie asked everyone interested to put a request in the chat. |
| Update on Trainings (Foundational Trainings for FY 2023) | - DBT Foundational trainings are Feb 13 – 17, May 8 -12, and Sept 11- 15. - Gwen and Julie will be doing the virtual trainings. - See Conferences & Training • CMHAM - Community Mental Health Association of Michigan for an application and registration. - You will need a team mentor with at least a year of experience and be a team for over one year. - Training may be limited to three people from each team if the training meets participant capacity. | If you have any questions, please contact Gwen at gabney-cunningham@behavioraltech.org or Michelle Boudreaux at BoudreauxM@michigan.gov . |

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| | <ul style="list-style-type: none"> - There will be a lot of homework and they will have four months to complete it. - The Skills Training Manual for Treating Borderline Personality Disorder by Marsha Linehan, DBT Skills Training Manual, 2nd Edition, and DBT Skills Training Handouts and Worksheets, 2nd Edition by Marsha Linehan are the books that will be provided based on available funding, and it is recommended that they start reading the texts ahead of time. - DBT consultation will be offered twice a month to support completion of homework and fidelity to the model. The consultation group is voluntary. | |
| DBT Summit | <ul style="list-style-type: none"> - <u>Summit feedback</u> - Six people were able to attend - Would like to see more advanced topics. - What a DBT team lead looks like. - Adding adolescent with DBT. – - The speaker was wonderful! | <ul style="list-style-type: none"> - Julie mentioned maybe next year a team doing a training for the Summit and will be adding advanced topics. - Holly will talk to Mary Ludtke about adolescent DBT |
| Improvingmipractices.org Website | No new information. | |
| Resource/Idea Sharing | <ul style="list-style-type: none"> - Stephany shared an issue with her team and agency. | Gwen put her email in chat and will work with Stephany. |

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| DBT Individual Team Report | - Teams reports given. | |
| Education | - The group talked about DBT in the schools. - Dan shared the link DBTinschools.com | |
| Next Meeting March 6, 2023 10-11:30 | | |