

# **The Practice Improvement Steering Committee**

## **Meeting Minutes for March 7, 2024**

### **Group Members Present**

Adam Hamilton, Agnes Ward, Ambrosia Jackson, Amy Cowper, Brenda Stoneburner, Angie Smith-Butterwick, Charlyss Ray, Dawn Rasmussen, Ecole Brooks, Gina Costa, Jasmin White, Jean Pfaendtner, Kim Batsche-McKenzie, Leslie Pitts, Liz Parker, Luann Gray, Lyndia Deromedi, Mary Baukus, Michelle Boudreaux (Host), Nicole Winfield, Sandi Stasko, Sarah Bowman, Stacey Manley, Stephanie Lange (Presenter), Sydney Larsen, Timothy Kelly, Dr. Xiaoling Xiang (Presenter)

#### **I. Welcome and Introductions**

Michelle Boudreaux called the meeting to order, and introductions were made.

#### **II. Review of Minutes**

There were no changes, or updates to the minutes from September 23, 2023, meeting.

#### **III. Division of Adult Home and Community-Based Service Updates**

No updates were given.

#### **IV. Community Mental Health Association of Michigan**

No updates were given.

#### **V. Special Topic Presentations:**

##### **Empower-at-Home – Dr. Xiaoling Xiang**

Dr. Xiang presented the [Empower-at-Home](#) website which is an internet-based psychotherapy program tool for the emotional wellbeing of older adults.

- Nine online sessions
- An animated storyline
- A printed workbook
- Telephone-based coaching
- Designed for older adults

##### **Update on New Training Module – Stephanie Lange**

Stephanie asked the group for feedback on the department doing some 90 – 100-minute virtual training classes. The modules are being developed because there are a lot of new people coming into the field that lack skills due to different backgrounds (i.e., mental health vs. substance use disorders).

- Some of the modules are:
  - Nicotine research
  - Cannabis
  - Opioids
  - Alcohol
  - Bi-polar
  - Schizophrenia

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### **Basic Assessment for Co-occurring Disorders (COD) – Stephanie Lange**

Stephanie spoke about the new 2-day training Basic Assessment for COD.

- A focus on assessment
- Using the Substance Abuse and Mental Health Services Administration (SAMHSA) 12 step integrated assessment
- Trauma Informed Care
- Group stage matched
- Motivational Interviewing
- Engagement

### VI. [Evidence-Based Practices and PISC Subcommittee Updates](#)

#### **Bureau of Children's Coordinated Health Policy and Supports – Division of Program and Grant Development and Quality Monitoring – Kim Batche-McKenzie**

- A. Evidence-Based and Evidence-Informed Practices (EBP) for children, youth, and families.

##### **New Website for Children's Mental Health Evidence EBP**

Kim and Luann Gray talked about the department's new website for [Children's Mental Health Evidence Based Practices](#). It is for improving the outcome for children and their families in Michigan's public health mental health system. It is an evidence-based and evidence-informed practices and programs to ensure better outcomes for the services provided. Each evidence-based practice provides training and coaching of clinical supervisors and clinicians to implement the model with children/youth and their families. There is a training calendar, too.

- Children's Trauma Initiative (CTI)
- Dialectical Behavior Therapy for Adolescents (DBTA)
- Infant Mental Health – Home Visiting (IMH-HV)
- Transition Age Youth and Young Adults (TAYYA)
- Early Childhood Courts (ECC)
- Serious Emotional Disturbance/Neurodevelopmental Disorders (SED/NDD) Serious Emotional Disturbance/Neurodevelopmental Disorders (SED/NDD)
- Motivational Interviewing for Adolescents (MI-A)
- Treatment Foster Care Oregon (TFCO)
- Early Childhood Social Emotional Assessment
- Infant and Early Childhood Mental Health Consultation (IECMHC)
- Parent Management Training - Oregon model (PMTO)
- Parents can access MY Parent Resource through the website

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### Children's Trauma Initiative (CTI) – Amy Cowper

Amy informed the committee that they took over the CTI facilitation a few years ago and did a big overhaul of the program.

### Caregiver Education Psychoeducation Group – Amy Cowper

Amy said they will be taking applications for a parent facilitator. The forms will explain more about it. To qualify they have to be a graduate of a Caregiver Education Learning cohort.

### Dialectical Behavior Therapy for Adolescents (DBTA) – Amy Cowper

They will be partnering up with Alec Miller. He is co-founder and co-director of Cognitive and Behavioral Consultants (CBC), a clinical training and research center.

- The cohort four will be launched and applications will be going out soon.
- The training will be in July.
- If you are interested please contact Amy at [Cowper@ceichm.org](mailto:Cowper@ceichm.org).

## **Bureau of Community Based Services - Division of Adult Home and Community Based Services**

### A. Community-Based Practices and Innovation (CPI) Section Evidence-Based and Evidence Informed Practices for Adults – Brenda Stoneburner

#### Peer Area Update

Brenda announced the Certified Peer Support Services (CPSS) and Certified Peer Recovery Coach (CPRC) applications are updated into the new format and are on the [Peer Recovery Information](#) website.

- The department contracts through Michigan Disability Rights Coalition (MDRC) for logistics for the majority of the peer trainings and are listed on the [MI Peer](#) website.
  - These trainings are for Michigan Department of Health and Human Services (MDHHS) are for Michigan CPSSs and CPRCs only.

#### Fiscal Year (FY) 25 Adult Proposal Update

The CPI team is currently reviewing the FY25 adult proposal applications and received over 200 of them.

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### Training Update

There are a lot of trainings going on. You can see what trainings are coming up and register at [Community Mental Health Association of Michigan \(CMHA\)](#) website.

### Motivational Interviewing (MI)

Trainings have been posted for MI for the general field.

- There will be five - six cohorts offered.
- There are some advanced trainings that will be posted soon.
- MI for CPSS and CPRC training and the first cohort will be April 4 – 5, 2024 and April 25 – 26, 2024.
- A second cohort will be offered on September 10 – 11 and October 9 -10, 2024.

### Dialectical Behavior Therapy (DBT)

A 5-day (in-person) DBT Foundational training will be May 6 - 10 in Lansing and a virtual one in August/September of 2024.

### Cognitive Processing Therapy (CPT) for COD

New Cognitive Processing Therapy training is an EBP focusing on post-traumatic stress disorder (PTSD) and has a different process than Prolonged Exposure or Eye Movement Desensitization and Reprocessing (EMDR) therapy.

- May 9 – 10, 2024, 2- day (in-person) in Grand Rapids then another one on August 7 – 8 , 2024, (virtual) training.
  - The brochure will be out soon.
- The training is sponsored by the adult mental health block grant and the American Rescue Plan Act of 2021 (ARPA) Substance Use Disorder (SUD) grant and is intended for persons who serve adults through the mental health and/or substance abuse provider network.

### Prolonged Exposure (PE) Intensive Training

The department is continuing to provide PE Intensive training.

- There is an Intro to PE (virtual) Therapy for PTSD training coming up on March 19 – 20, 2024.
  - For region four, Intergraded Services of Kalamazoo will be hosting trainings for their region.
  - For Region 10, St. Clair County CMH will be hosting trainings for their region.

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### Integrated Dual Disorder Treatment (IDDT) 101, 201 and Assertive Community Treatment (ACT) Trainings

The department is continuing to offer IDDT 101 and 201 plus ACT trainings. April 18 – 19 is the ACT/IDDT Summit.

- Registration is now open.

### **B. Substance Use Disorder (SUD) Treatment Section – Angie Smith-Butterwick**

#### MDHHS 1115 Behavioral Health Demonstration Waiver

If anyone is interested, the MDHHS 1115 Behavioral Health Demonstration Waiver is posted for comment on our [Behavioral Health Recovery and Substance Use](#) website through March 20, 2024.

- The website has an email or mailing address where comments can be submitted.
- MDHHS is seeking new authority to provide contingency management (CM) as part of a comprehensive treatment model for Medicaid beneficiaries living with SUD.
- The state initially intends to provide CM on a pilot basis to individuals living with a stimulant use disorder (StimUD) and/or an opioid use disorder (OUD), but may consider extending the service on a mandatory, statewide basis after gaining experience with the intervention.
- MDHHS is seeking a two-year approval of this component of the demonstration, from October 1, 2024, through September 30, 2026.

#### VII. Trauma Sub-Committee – Michelle Boudreaux

No updates were given.

#### VII. Questions or Other Information

If you have any concerns or future agenda items, please contact Michelle Boudreaux via email at [BoudreauxM@Michigan.gov](mailto:BoudreauxM@Michigan.gov).

#### VIII. Adjourn

Michelle adjourned the meeting.

***The next meeting is scheduled for Thursday, June 6, 2024, 1:00 – 3:00 p.m.***